

1,1 km (Stutenkerllauf, Kinder männlich)

Nr.	Name	Zeit
1	Ahlert, Nico	00:03:35
2	Pinto, Luis	00:03:35
3	Pinto, Fabio	00:03:38
4	Büchter, Jakob	00:03:41
5	Heidotting, Felix	00:03:41
6	Scholz, Jakob	00:03:41
7	Ansmann, Christian	00:03:46
8	Sahlmann, Benedikt	00:03:47
9	Wittmann, Vincent	00:03:48
10	Schräer, Torben	00:03:49
11	Koch, Felix	00:03:50
12	Pinto, Pierre-Miguel	00:03:50
13	Hilt, Simon	00:03:52
14	Termöllen, Lukas	00:03:55
15	Hilt, Marius	00:03:57
16	Ansmann, Florian	00:04:00
17	Heukamp, Fynn	00:04:00
18	Ruhe, Dominik	00:04:00
19	Wieland, Linus	00:04:00
20	Felchner, Tom	00:04:02
21	Wedi, Nick	00:04:03
22	Kellers, Helmut	00:04:05
23	Wegmann, Lasse	00:04:06
24	Moore, Lias	00:04:06
25	Mersch, Diego	00:04:07
26	Remke, Johann	00:04:07
27	Brockmann, Mika	00:04:08
28	Vaske, Leo	00:04:09
29	Egbers, Jasper	00:04:10
30	Hildebrand, Joris	00:04:11
31	Kolbin, Mika	00:04:11
32	Wegmann, Louis	00:04:11
33	Baatz, Alexander	00:04:12
34	Thünemann, David	00:04:12
35	Zollfrank, Jan	00:04:12
36	Heeke, Thore	00:04:14
37	Laugemann, Manuel	00:04:15
38	Eilers, David	00:04:16
39	Holz, Enno	00:04:16
40	Langebröcker, Jannes	00:04:16
41	Jaeschke, Johannes-Tizian	00:04:18
42	Lardong, Florian	00:04:18
43	Lagemann, Luca	00:04:19
44	Thünemann, Jan	00:04:19
45	Magnus, Jonas	00:04:20
46	Dünow, Kai	00:04:22
47	Lammers, Ralf	00:04:22

1,1 km (Stutenkerllauf, Kinder männlich)

Nr.	Name	Zeit
48	Wedi, Justus	00:04:22
49	Fröhlich, Max	00:04:23
50	Veerkamp, Nils	00:04:23
51	Holz, Alanis	00:04:24
52	Lanvers, Luiz	00:04:24
53	Lange, Lucas	00:04:25
54	Venker, Moritz	00:04:25
55	Felchner, Juri	00:04:27
56	Fröhlich, Ferdinand	00:04:28
57	Raßing, Noah	00:04:30
58	Zollfrank, Max	00:04:30
59	Egbers, Michel	00:04:31
60	Fröhlich, Friedrich	00:04:31
61	Lemke, Tom	00:04:31
62	Uferkamp, Micha	00:04:32
63	Schubert, Frederik	00:04:33
64	Kolbin, Finn	00:04:34
65	Wünnenberg, André	00:04:36
66	Laugemann, Julian	00:04:37
67	Krühler, Daniel	00:04:39
68	Kortmöller, Henry	00:04:40
69	Meiners, Vitus	00:04:42
70	Brehmer, Timo	00:04:43
71	Hälker, Leon	00:04:43
72	Bröker, Mats	00:04:45
73	Grimme, Florian	00:04:47
74	Rentmeier, Aaron	00:04:47
75	Wünnenberg, Tim	00:04:48
76	Hanowell, Aaron	00:04:50
77	Kattenbeck, Finn	00:04:51
78	Pott, Maximilian	00:04:51
79	Kellers, Robert	00:04:53
80	Brünen, Leon	00:04:54
81	Beckmann, Levin	00:04:55
82	Büker, Finn	00:04:55
83	Thünemann, Patrick	00:04:56
84	Benker, Florian	00:04:58
85	Hinterding, Tom	00:04:58
86	Beckwermert, Lennart	00:05:01
87	Parsch, Gerrit	00:05:01
88	Koers, Iven	00:05:03
89	Teupe, Jan	00:05:03
90	Altepost, Jonas	00:05:05
91	Sandmann, Mathis	00:05:05
92	Gremme, Linus	00:05:06
93	Wieland, Jonas	00:05:06
94	Beike, Fabian	00:05:07

1,1 km (Stutenkerllauf, Kinder männlich)

Nr.	Name	Zeit
95	Holz, Stefan	00:05:07
96	Vogel, Max	00:05:07
97	Langebröker, Arian	00:05:12
98	Wedi, Lukas	00:05:13
99	Sahlmann, Lennox	00:05:14
100	Slizewski, Ben Oskar	00:05:15
101	Parsch, Arne	00:05:19
102	Wolf, Jonas	00:05:21
103	Hinrichs, Simon	00:05:22
104	Rotschen, Linus	00:05:23
105	Stapper, Bastian	00:05:24
106	Wewer, Luca	00:05:24
107	Kippel, Leon	00:05:26
108	Wilp, Till	00:05:28
109	Krühler, David	00:05:30
110	Ansmann, Luka	00:05:32
111	Ott, Jan-Lasse	00:05:33
112	Leutloff, Dexter	00:05:36
113	Büker, Nils	00:05:42
114	Spieker, Jannis	00:05:42
115	Müller, Marius	00:05:43
116	Beckwermert, Lukas	00:05:46
117	Bosse, Bastian	00:05:46
118	Thünemann, Philipp	00:05:48
119	Ventker, Daniel	00:05:51
120	Kock, Julian	00:05:55
121	Winter, Henry	00:06:02
122	Parsch, Jannes	00:06:03
123	Tillmann, Lennart	00:06:10
124	Hoebink, Tim	00:06:14
125	Schulte-Austum, Philipp	00:06:18
126	Kamp, Moritz	00:06:23
127	Berlin, Lukas	00:06:34
128	Kippel, Noah	00:06:51
129	Orzech, Jan	00:06:51
130	Lagemann, Matti	00:06:57
131	Rotschen, Noah	00:06:59
132	Giese, Tom	00:07:01
133	Bosse, Dennis	00:07:06
134	Müller, Michael	00:07:17
135	Klöpfer, Alexander	00:08:22
136	Kersten, Justus	00:08:38
137	Hoebink, Jan	00:10:33
138	Ulrich, Jonas	00:13:12

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
1	Stephan, Bruno	00:12:04
2	Thünemann, Günther	00:12:15
3	Hilt, Simon	00:12:21
4	Thünemann, Christoph	00:12:24
5	Rauß, Julian	00:12:30
6	Jürgens, Markus	00:12:44
7	Spitmann, Thomas	00:12:47
8	Hilt, Rainer	00:12:52
9	Ortmeier, Finn	00:12:54
10	Kamp, Guido	00:12:55
11	Kemper, Martin	00:13:00
12	Kestermann, Herbert	00:13:07
13	Thünemann, Helmut	00:13:09
14	Kestermann, Thilo	00:13:12
15	Schönhut, Steffen	00:13:12
16	Homann, Jürgen	00:13:14
17	Gogrewé, Luc Phil	00:13:16
18	Wegmann, Louis	00:13:17
19	Podewski, Max	00:13:18
20	Thróner, Benedikt	00:13:18
21	Gogrewé, Luc Phil	00:13:19
22	Wünnenberg, Hans-Jürgen	00:13:20
23	Epping, Florian	00:13:27
24	Borgmann, Andreas	00:13:35
25	Körholz, Manfred	00:13:37
26	Pinto, Fabio	00:13:38
27	Gerigk, Stephan	00:13:41
28	Grimme, Harald	00:13:42
29	Ortmeier, Günter	00:13:42
30	Menzel, Udo	00:13:45
31	Neher, Fergus-John	00:13:45
32	Possemeyer, Reinhard	00:13:45
33	Epping, Gerhard	00:13:47
34	Lemke, Sebastian	00:13:47
35	Lohaus, Ludger	00:13:48
36	Alaze, Matthias	00:13:55
37	Ribbers, Matthias	00:13:55
38	Winter, Günter	00:13:55
39	Borgmann, Oliver	00:13:57
40	Bünker, Gudio	00:13:58
41	Ansmann, Christian	00:14:01
42	Hegemann, Uli +	00:14:01
43	Krusel, Albert	00:14:04
44	Austrup, Henrik	00:14:06
45	Ernst, Markus	00:14:07
46	Kaminsky, Peter	00:14:08
47	Lange, Hans-Michael	00:14:08

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
48	Ahaus, Peter	00:14:10
49	Wiebeler, Sven	00:14:11
50	Lagemann, Maik	00:14:13
51	Linnenbaum, Peter	00:14:13
52	Kemper, Andre	00:14:14
53	Kaul, Ansgar	00:14:17
54	Stelzer, Christian	00:14:17
55	Wilp, Edmund	00:14:21
56	Schäche, Guido	00:14:22
57	Westkamp, Georg	00:14:26
58	Lüttkemöller, Daniel	00:14:28
59	Mäss, Willi	00:14:28
60	Egbers, Timo	00:14:31
61	Deilen, Helmut	00:14:33
62	Albers, Lothar +	00:14:36
63	Triebel, Klaus	00:14:36
64	Dürig, Markus	00:14:38
65	Löckemann, Markus	00:14:38
66	Bröker, Hermann	00:14:39
67	Lange, Andre	00:14:39
68	Festring, Justus	00:14:40
69	Kösters, Martin	00:14:40
70	Rotschen, Dennis	00:14:42
71	Breulmann, Ansgar	00:14:43
72	Bruns, Michael	00:14:43
73	Stallmeier, Bernhard +	00:14:44
74	Hemesath, Jürgen	00:14:47
75	Bosse, Gerold	00:14:49
76	Meinert, Julian	00:14:49
77	Schwarte, Christian	00:14:52
78	Heukamp, Fynn	00:14:53
79	Günner, Manfred	00:14:54
80	Tillack, Hans	00:14:55
81	Moore, Lias	00:14:56
82	Dieckmann, Günter	00:14:57
83	Lohrenz, Peter	00:14:57
84	Rinsche, Henning	00:14:57
85	Venker, Paul	00:14:59
86	Heckmann, Mathias	00:15:01
87	Heidotting, Felix	00:15:02
88	Adler, Peter	00:15:03
89	Schräer, Christian	00:15:03
90	Löbbel, Gottfried +	00:15:05
91	Linnenbaum, Thomas	00:15:07
92	Remke, Marcel	00:15:08
93	Kleiner, Axel	00:15:11
94	Lanvers, Dietmar	00:15:11

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
95	Telger, Maik	00:15:11
96	Büchter, Jakob	00:15:12
97	Veerkamp, Dieter	00:15:12
98	Harbering, Andreas	00:15:15
99	Schwering, Reinhard	00:15:15
100	Egbers, Timo	00:15:17
101	Stockbrink, Klaus	00:15:19
102	Schmitz, Frank	00:15:21
103	Wieland, Linus	00:15:22
104	Brümmer, Vinzenz	00:15:26
105	Lagemann, Dietmar	00:15:26
106	Pinto, Luis	00:15:26
107	Verlage, Alfred +	00:15:28
108	Weber, Werner	00:15:28
109	Ruhe, Herbert	00:15:29
110	Albers, Werner	00:15:33
111	Kortmöller, Benedikt	00:15:33
112	Beschoner, Hans-Hermann	00:15:40
113	Heidotting, Oliver	00:15:42
114	Heuer, Jürgen	00:15:42
115	Klawun, Jörg	00:15:42
116	Zollfrank, Jochen	00:15:42
117	Ascheberg, Thomas	00:15:43
118	Hemesath, André	00:15:43
119	Beuse, Markus	00:15:44
120	Sahlmann, Benedikt	00:15:45
121	Scholz, Sascha	00:15:46
122	Rose, Thomas	00:15:48
123	Borgmann, Erich	00:15:50
124	Lodde, Michael	00:15:50
125	Bartsch, Matthias	00:15:51
126	Peters, Friedhelm	00:15:53
127	Lepkes, Georg	00:15:55
128	Pieper, Thomas	00:15:56
129	Pinto, Rodrigo	00:15:56
130	Lüke, Rudolf	00:15:57
131	Langebröker, Jannes	00:15:59
132	Möddel, Klaus-Dieter	00:16:03
133	Termöllen, Lukas	00:16:06
134	Rengers, Werner	00:16:08
135	Schwarte, Gottfried	00:16:09
136	Austrup, Reinhard	00:16:10
137	Baatz, Stephan	00:16:10
138	Pinnow, Helmut	00:16:10
139	Ansmann, Florian	00:16:12
140	Krekeler, Eckhard	00:16:12
141	Wieberg, Dirk	00:16:13

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
142	Weßeler, Jannik	00:16:14
143	Kippenbrock, Horst	00:16:16
144	Lange, Daniel	00:16:18
145	Reeh, Maximilian	00:16:20
146	Höwel, Dominik	00:16:24
147	Hampel, Marcus	00:16:26
148	Terhorst, Dirk	00:16:29
149	Serke, Jonas	00:16:30
150	Jürgens, Michael	00:16:34
151	Kloppenborg, Reinhard	00:16:34
152	Laugemann, Pascal	00:16:34
153	te Poel, Markus	00:16:35
154	Venker, Jörg	00:16:35
155	Boerger, Detlef	00:16:37
156	Felmet, Klaus-Dieter	00:16:38
157	Becks, Stephan	00:16:39
158	Pleimann, Hendrik	00:16:42
159	Roling, Thomas	00:16:42
160	Albers, Guido	00:16:43
161	Bartsch, Andreas	00:16:45
162	Hurcks, Christian	00:16:46
163	Lütke-Wenning, Clemens	00:16:53
164	Veltrup, Markus	00:16:56
165	Heeke, Thore	00:16:57
166	Wissing, Pascal	00:16:57
167	Osterholt, Wolfgang	00:16:58
168	Schmedding, Thomas	00:16:58
169	Jürgens, Josef	00:16:59
170	Raßing, Bernard	00:16:59
171	Berger, Gerd	00:17:00
172	Mußmann, Felix	00:17:00
173	Klaphecke, Jörg	00:17:02
174	Rotschen, Michael	00:17:06
175	Ottenhues, Thorsten	00:17:08
176	Zollfrank, Jan	00:17:15
177	Kamann, Michael	00:17:16
178	Langebröker, Jörg	00:17:16
179	Elting, Johannes	00:17:19
180	Brock, Hendrik	00:17:20
181	Faber, Horst	00:17:22
182	Kellers, Helmut	00:17:23
183	Remke, Johann	00:17:27
184	Bitter, Thomas	00:17:30
185	Bertels, Markus	00:17:31
186	Dooling, Christian	00:17:32
187	Ventker, Manfred	00:17:35
188	Beuse, Lutz	00:17:40

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
189	Bülhoff, Martin	00:17:41
190	Felmet, André	00:17:45
191	Hilbert, Christoph	00:17:48
192	Winter, Nils	00:17:48
193	Ansmann, Stefan	00:17:49
194	Meiners, Marcus	00:17:52
195	Kroening, Ralf	00:17:57
196	Ruhe, Dominik	00:18:01
197	Baberschke, Rolf	00:18:04
198	Schniedergers-Kloppenborg, Rolf	00:18:04
199	Möllers, Siegfried	00:18:07
200	Michaelis, Jens	00:18:10
201	Laugemann, Manuel	00:18:18
202	Poggemann, Thomas	00:18:21
203	Rickermann, Maik	00:18:23
204	Lange, Helmut	00:18:25
205	Koch, Thorsten	00:18:27
206	Fröhlich, Max	00:18:28
207	Remke, Christian	00:18:33
208	Büchter, Rolf	00:18:33
209	Lanvers, Jürgen	00:18:37
210	Kremen, Alexander	00:18:43
211	Lorenz, Christian	00:18:45
212	Vaske, Jörg	00:18:49
213	Hanowell, Björn	00:18:51
214	Diesen, Karl-Heinz	00:18:53
215	Kolthof, Rainer	00:18:53
216	Lammers, Ralf	00:18:56
217	Remmersmann, Leon	00:19:06
218	Bühn, Ralf	00:19:08
219	Bültel, Wilhelm	00:19:11
220	Tiltmann, Michael	00:19:16
221	Witt, Stefan	00:19:20
222	Magnus, Dirk	00:19:22
223	Brehmer-Heitjans, Michael	00:19:26
224	Engels, Hans-Jürgen +	00:19:27
225	Koordt, Alexander	00:19:28
226	Raßing, Leon	00:19:29
227	Hake, Günther	00:19:34
228	Wehrmann, Günter	00:19:35
229	Schölling, Walter	00:19:40
230	Termöllen, Jörg	00:19:46
231	Sommer, Berthold	00:19:49
232	Menebröcker, Bertram	00:19:57
233	Parsch, Martin	00:20:06
234	Ottenjann, Werner	00:20:12
235	Beckwermert, Felix	00:20:20

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
236	Parsch, Arne	00:20:21
237	Ottenjann, Lars	00:20:40
238	Benker, Hans-Jürgen	00:20:52
239	Schulte-Austum, Jörg	00:20:59
240	Serke, Oliver	00:21:07
241	Karrmann, Norbert	00:21:12
242	Bröker, Matthias	00:21:17
243	Hildebrand, Marian	00:21:26
244	Nöring, Franz-Josef	00:21:30
245	Oberheim, Bernd	00:21:39
246	Uferkamp, Micha	00:21:47
247	Fastermann, Stefan	00:21:50
248	Debski, Mathias	00:21:57
249	Kamp, Heinrich	00:22:08
250	Mußmann, Martin	00:22:17
251	Meiners, Vitus	00:22:26
252	Hesping, Timo	00:22:55
253	Wesseler, Stefan	00:23:27
254	Schomaker, Ludwig	00:23:41
255	Thesing, Frank	00:24:31
256	Hemker, Reinhold Dr.	00:24:54
257	Wiebeler, Bernd	00:26:41
258	Winninghoff, Josef	00:26:44
259	Breulmann, Joshua	00:27:08
260	Kiewe, Mario	00:28:43
261	Imenhoff, Klaus	00:38:45

1km Männer		
Nr.	Name	Zeit
1	Ansmann, Christian	00:02:48
2	Epping, Florian	00:02:53
3	Pinto, Fabio	00:02:59
4	Borgmann, Oliver	00:03:03
5	Lemke, Sebastian	00:03:06
6	Rauß, Julian	00:03:06
7	Pinto, Pierre-Miguel	00:03:13
8	Pinto, Rodrigo	00:03:14
9	Büchter, Jakob	00:03:16
10	Sahlmann, Benedikt	00:03:19
11	Wiebeler, Sven	00:03:19
12	Heidotting, Felix	00:03:23
13	Pinto, Luis	00:03:27
14	Schubert, Frederik	00:03:29
15	Eilers, David	00:03:30
16	Remke, Johann	00:03:32
17	Zollfrank, Till	00:03:32
18	Felchner, Tom	00:03:35
19	Baatz, Alexander	00:03:37
20	Ansmann, Florian	00:03:38
21	Ahlert, Nico	00:03:41
22	Kellers, Helmut	00:03:41
23	Brockmann, Mika	00:03:42
24	Heinze, Frederic	00:03:42
25	Heukamp, Fynn	00:03:44
26	Ruhe, Dominik	00:03:45
27	Zollfrank, Max	00:03:46
28	Heeke, Thore	00:03:48
29	Hälker, Leon	00:03:49
30	Möddel, Steffen	00:03:54
31	Wedi, Nick	00:03:54
32	Wegmann, Lasse	00:03:54
33	Thünemann, David	00:03:56
34	Dünow, Kai	00:03:57
35	Parsch, Arne	00:03:57
36	Uferkamp, Micha	00:03:57
37	Fröhlich, Max	00:03:58
38	Thünemann, Jan	00:03:58
39	Zollfrank, Jan	00:03:59
40	Veerkamp, Nils	00:04:00
41	Koch, Felix	00:04:01
42	Langebröcker, Jannes	00:04:01
43	Ortmeier, Tom	00:04:02
44	Scholz, Jakob	00:04:03
45	Zollfrank, Linus	00:04:03
46	Hilt, Simon	00:04:04
47	Hinterding, Tom	00:04:04

1km Männer		
Nr.	Name	Zeit
48	Ulrich, Jonas	00:04:05
49	Hilt, Marius	00:04:09
50	Raßing, Noah	00:04:10
51	Fröhlich, Ferdinand	00:04:11
52	Lagemann, Luca	00:04:12
53	Termöllen, Lukas	00:04:12
54	Goseforth, Florian	00:04:13
55	Vogel, Max	00:04:14
56	Büker, Finn	00:04:15
57	Mersch, Diego	00:04:15
58	Wedi, Justus	00:04:15
59	Kattenbeck, Jens	00:04:16
60	Beike, Fabian	00:04:18
61	Wünnenberg, André	00:04:18
62	Vaske, Leo	00:04:19
63	Krühler, Daniel	00:04:21
64	Sandmann, Mathis	00:04:21
65	Venker, Moritz	00:04:23
66	Kellers, Robert	00:04:24
67	Parsch, Gerrit	00:04:31
68	Lange, Lucas	00:04:34
69	Felchner, Juri	00:04:36
70	Pott, Maximilian	00:04:37
71	Magnus, Jonas	00:04:38
72	Breulmann, Joshua	00:04:39
73	Dieckmann, Leo	00:04:40
74	Kattenbeck, Finn	00:04:40
75	Klöpper, Alexander	00:04:41
76	Stapper, Bastian	00:04:47
77	Wünnenberg, Tim	00:04:51
78	Ascheberg, Tom	00:04:52
79	Ascheberg, Ben	00:04:56
80	Bruns, Malte	00:04:56
81	Kleiner, Johannes	00:04:56
82	Autmaring, Luis	00:04:57
83	Thünemann, Patrick	00:04:58
84	Ansmann, Luka	00:05:01
85	Büker, Nils	00:05:02
86	Wewer, Luca	00:05:02
87	Mohr, Yannick	00:05:04
88	Schulte-Austum, Philipp	00:05:04
89	Wieland, Linus	00:05:04
90	Hinrichs, Simon	00:05:12
91	Spieker, Jannis	00:05:15
92	Parsch, Jannes	00:05:26
93	Kippel, Leon	00:05:32
94	Kock, Julian	00:05:33

1km Männer		
Nr.	Name	Zeit
95	Beuse, Lutz	00:05:36
96	Meiners, Vitus	00:05:36
97	Thünemann, Philipp	00:05:38
98	Ventker, Daniel	00:05:38
99	Ott, Jan-Lasse	00:05:47
100	Orzech, Jan	00:05:51
101	Beckwermert, Lukas	00:06:19
102	Alaze, Nils	00:06:31
103	Lagemann, Matti	00:06:54
104	Slizewski, Ben Oskar	00:08:02

2 km Männer

Nr.	Name	Zeit
1	Pinto, Fabio	00:06:09
2	Ansmann, Christian	00:06:44
3	Epping, Florian	00:06:47
4	Lemke, Sebastian	00:06:59
5	Pinto, Luis	00:06:59
6	Pinto, Rodrigo	00:07:02
7	Borgmann, Oliver	00:07:11
8	Sahlmann, Benedikt	00:07:21
9	Heukamp, Fynn	00:07:27
10	Büchter, Jakob	00:07:29
11	Heidotting, Felix	00:07:32
12	Pieper, Robin	00:07:40
13	Hilt, Simon	00:07:41
14	Pinto, Pierre-Miguel	00:07:41
15	Wittmann, Vincent	00:07:51
16	Ansmann, Florian	00:07:54
17	Baatz, Alexander	00:07:58
18	Lagemann, Luca	00:07:59
19	Laugemann, Manuel	00:07:59
20	Stude, Leon	00:08:01
21	Heeke, Thore	00:08:03
22	Kattenbeck, Nils	00:08:04
23	Kellers, Helmut	00:08:11
24	Lammers, Ralf	00:08:11
25	Eilers, David	00:08:13
26	Zollfrank, Jan	00:08:15
27	Felchner, Tom	00:08:16
28	Wedi, Nick	00:08:16
29	Langebröker, Jannes	00:08:17
30	Veerkamp, Nils	00:08:18
31	Schubert, Frederik	00:08:21
32	Wegmann, Lasse	00:08:22
33	Büker, Finn	00:08:25
34	Zollfrank, Max	00:08:29
35	Thünemann, Jan	00:08:30
36	Thünemann, David	00:08:32
37	Wegmann, Louis	00:08:32
38	Uferkamp, Micha	00:08:33
39	Termöllen, Lukas	00:08:34
40	Kippel, Leon	00:08:37
41	Ruhe, Dominik	00:08:38
42	Brockmann, Mika	00:08:39
43	Ahlert, Nico	00:08:41
44	Koordt, Alexander	00:08:42
45	Wedi, Justus	00:08:42
46	Remke, Johann	00:08:44
47	Hilt, Marius	00:08:49

2 km Männer

Nr.	Name	Zeit
48	Wünnenberg, André	00:08:54
49	Lange, Lucas	00:08:56
50	Fröhlich, Ferdinand	00:09:00
51	Holz, Alanis	00:09:00
52	Parsch, Arne	00:09:02
53	Hälker, Leon	00:09:03
54	Albers, Marius	00:09:07
55	Ulrich, Jonas	00:09:17
56	Kamp, Simon	00:09:22
57	Breulmann, Joshua	00:09:24
58	Klöpfer, Alexander	00:09:25
59	Magnus, Jonas	00:09:27
60	Laugemann, Julian	00:09:32
61	Kellers, Robert	00:09:35
62	Koers, Iven	00:09:58
63	Wieland, Linus	00:10:02
64	Hurcks, Malte	00:10:15
65	Sandmann, Mathis	00:10:16
66	Grimme, Florian	00:10:39
67	Beckwermert, Lennart	00:10:40
68	Schulte-Austum, Philipp	00:10:46
69	Dünow, Kai	00:10:48
70	Parsch, Gerrit	00:11:04
71	Wewer, Luca	00:11:06
72	Albers, Tim	00:14:32

5 km Männer

Nr.	Name	Zeit
1	Stephan, Bruno	00:15:58
2	Hilt, Simon	00:16:09
3	Thünemann, Günther	00:16:18
4	Thünemann, Christoph	00:16:30
5	Kamp, Guido	00:16:37
6	Rauß, Julian	00:16:40
7	Hilt, Rainer	00:16:50
8	Epping, Florian	00:16:55
9	Lemke, Sebastian	00:17:03
10	Ansmann, Christian	00:17:08
11	Borgmann, Oliver	00:17:10
12	Thröner, Benedikt	00:17:12
13	Jürgens, Markus	00:17:24
14	Thünemann, Helmut	00:17:25
15	Homann, Jürgen	00:17:33
16	Kemper, Martin	00:17:38
17	Wünnenberg, Hans-Jürgen	00:17:38
18	Körholz, Manfred	00:17:44
19	Schönhut, Steffen	00:17:47
20	Borgmann, Andreas	00:17:48
21	Pieper, Robin	00:17:57
22	Possemeyer, Reinhard	00:18:02
23	Epping, Gerhard	00:18:03
24	Menzel, Udo	00:18:04
25	Dokters, Stefan	00:18:18
26	Pinto, Fabio	00:18:23
27	Gogrewe, Luc Phil	00:18:27
28	Grimme, Harald	00:18:27
29	Wilp, Edmund	00:18:30
30	Alaze, Matthias	00:18:32
31	Wiebeler, Sven	00:18:32
32	Kaul, Ansgar	00:18:33
33	Wille, Thomas	00:18:36
34	Kaminsky, Peter	00:18:37
35	Sahlmann, Benedikt	00:18:42
36	Heidotting, Felix	00:18:51
37	Lagemann, Maik	00:18:54
38	Fröhlich, Max	00:18:55
39	Bünker, Gudio	00:18:58
40	Linnenbaum, Peter	00:18:58
41	Kestermann, Thilo	00:18:58
42	Kemper, Andre	00:18:59
43	Hemesath, Jürgen	00:19:07
44	Baatz, Alexander	00:19:14
45	Lüttkemöller, Daniel	00:19:16
46	Wedi, Nick	00:19:16
47	Heukamp, Fynn	00:19:17

5 km Männer

Nr.	Name	Zeit
48	Lohaus, Ludger	00:19:24
49	Jaeschke, Johannes-Tizian	00:19:25
50	Schäche, Guido	00:19:26
51	Krusel, Albert	00:19:31
52	Löckemann, Markus	00:19:32
53	Hegemann, Uli +	00:19:35
54	Rotschen, Dennis	00:19:35
55	Wieland, Linus	00:19:36
56	Günner, Manfred	00:19:36
57	Festring, Justus	00:19:38
58	Kleiner, Axel	00:19:41
59	Büchter, Jakob	00:19:42
60	Bröker, Hermann	00:19:48
61	Austrup, Henrik	00:19:50
62	Winter, Günter	00:19:51
63	Heckmann, Mathias	00:19:52
64	Teutemacher, Leo	00:19:54
65	Remke, Marcel	00:19:59
66	Zollfrank, Jan	00:20:01
67	Linnenbaum, Thomas	00:20:08
68	Meinert, Julian	00:20:12
69	Tillack, Hans	00:20:14
70	Bibby, Brian	00:20:21
71	Pinto, Rodrigo	00:20:22
72	Albers, Lothar +	00:20:23
73	Schmitz, Frank	00:20:24
74	Heuer, Jürgen	00:20:26
75	Koch, Felix	00:20:27
76	Breulmann, Ansgar	00:20:29
77	Deilen, Helmut	00:20:30
78	Felmet, André	00:20:33
79	Beuse, Markus	00:20:35
80	Pinto, Luis	00:20:41
81	Möllers, Benedikt	00:20:42
82	Telger, Maik	00:20:42
83	Ahlert, Nico	00:20:47
84	Heeke, Thore	00:20:48
85	Heidotting, Oliver	00:20:50
86	Leugers, Alfred	00:20:50
87	Kattenbeck, Nils	00:20:51
88	Kamp, Jonas	00:20:56
89	Behrens, Andreas	00:21:04
90	Scholz, Sascha	00:21:07
91	Kellers, Helmut	00:21:12
92	Kloppenborg, Reinhard	00:21:14
93	Termöllen, Lukas	00:21:15
94	Schwering, Reinhard	00:21:19

5 km Männer

Nr.	Name	Zeit
95	Wegmann, Louis	00:21:19
96	Rose, Thomas	00:21:20
97	Klöpper, Alexander	00:21:25
98	Langebröker, Jannes	00:21:26
99	Zollfrank, Jochen	00:21:26
100	Bartsch, Matthias	00:21:28
101	Brockmann, Mika	00:21:30
102	Reeh, Maximilian	00:21:30
103	Venker, Paul	00:21:33
104	Taake, Tim	00:21:35
105	Hilt, Marius	00:21:36
106	Elting, Johannes	00:21:44
107	Koordt, Alexander	00:21:45
108	Adler, Peter	00:21:50
109	Baatz, Stephan	00:21:54
110	Schwarte, Christian	00:22:00
111	Fröhlich, Friedrich	00:22:05
112	Laugemann, Pascal	00:22:05
113	Ruhe, Herbert	00:22:07
114	Felmet, Klaus-Dieter	00:22:09
115	Ansmann, Florian	00:22:10
116	Pieper, Thomas	00:22:10
117	Albers, Werner	00:22:12
118	Knuck, Roger	00:22:12
119	Langebröker, Jörg	00:22:12
120	Kamp, Simon	00:22:19
121	Lagemann, Dietmar	00:22:22
122	Bartsch, Andreas	00:22:27
123	Veltrup, Markus	00:22:29
124	Wissing, Ansgar	00:22:29
125	Felchle, Roman	00:22:30
126	te Poel, Markus	00:22:49
127	Ruhe, Dominik	00:22:50
128	Hemesath, André	00:22:55
129	Büchter, Rolf	00:22:57
130	Bertels, Jan	00:22:58
131	Jürgens, Josef	00:23:02
132	Hurcks, Christian	00:23:06
133	Koordt, Achim	00:23:08
134	Felchner, Andre	00:23:09
135	Hemker, Reinhold Dr.	00:23:13
136	Laugemann, Manuel	00:23:17
137	Lammers, Ralf	00:23:30
138	Möllers, Siegfried	00:23:32
139	Rotschen, Michael	00:23:32
140	Festring, Hannes	00:23:34
141	Schmedding, Thomas	00:23:40

5 km Männer		
Nr.	Name	Zeit
142	Breulmann, Joshua	00:24:03
143	Baberschke, Rolf	00:24:16
144	Hampel, Marcus	00:24:16
145	Herder, Markus	00:24:21
146	Iker, Christian	00:24:22
147	Magnus, Jonas	00:24:25
148	Felchner, Tom	00:24:28
149	Meiners, Marcus	00:24:30
150	Wieberg, Dirk	00:24:32
151	Laugemann, Julian	00:24:34
152	Rickermann, Maik	00:24:35
153	Lanvers, Jürgen	00:24:39
154	Mußmann, Felix	00:24:41
155	Serke, Jonas	00:24:44
156	Hanowell, Björn	00:24:48
157	Poggemann, Thomas	00:24:50
158	Bruns, Michael	00:24:54
159	Bültel, Wilhelm	00:25:08
160	Magnus, Dirk	00:25:11
161	Schlüter, Martin	00:25:11
162	Teutemacher, Tobias	00:25:16
163	Pieper, Dennis	00:25:17
164	Remke, Christian	00:25:23
165	Bühn, Ralf	00:25:30
166	Schniederger-Kloppenborg, Rolf	00:25:31
167	Kamp, Dennis	00:25:37
168	Spandau, Johannes	00:25:37
169	Loof, Cord	00:25:38
170	Kippenbrock, Horst	00:25:39
171	Tiltmann, Michael	00:25:45
172	Kuczmik, Alfred	00:25:52
173	Meiners, Vitus	00:25:52
174	Termöllen, Jörg	00:25:56
175	Gronemann, Jens	00:26:00
176	Raßing, Noah	00:26:01
177	Hildebrand, Joris	00:26:02
178	Brockmann, Holger	00:26:04
179	Oberheim, Bernd	00:26:12
180	Fröhlich, Ferdinand	00:26:14
181	Pinto, Ricardo	00:26:15
182	Winter, Nils	00:26:18
183	Hilbert, Christoph	00:26:20
184	Dünow, Kai	00:26:21
185	Elting, Steffen	00:26:45
186	Raßing, Bernard	00:26:54
187	Felchner, Juri	00:26:57
188	Bockholt, Timo	00:26:58

5 km Männer

Nr.	Name	Zeit
189	Uenning, Ole	00:26:58
190	Uenning, Jürgen	00:26:59
191	Ventker, Daniel	00:27:21
192	Bröker, Ben	00:27:26
193	Mußmann, Martin	00:27:31
194	Menebröcker, Bertram	00:27:32
195	Lanvers, Luiz	00:27:35
196	Franke, Lothar	00:27:43
197	Taake, Jens	00:28:06
198	Bläker, Matthias	00:28:09
199	Ottenjann, Werner	00:28:17
200	Serke, Oliver	00:28:18
201	Benker, Hans-Jürgen	00:28:21
202	Felschen, Markus	00:28:29
203	Schomaker, Ludwig	00:28:29
204	Bartels, Anton	00:28:30
205	Schulte-Austum, Jörg	00:28:37
206	Venker, Michael	00:28:40
207	Hurcks, Malte	00:29:14
208	Breuer, Oliver	00:29:20
209	Egbers, Timo	00:29:20
210	Wieland, Jonas	00:29:25
211	Parsch, Martin	00:29:39
212	Parsch, Arne	00:30:20
213	Remke, Johann	00:30:42
214	Ohde, Georg	00:31:06
215	Bruns, Hans-Werner	00:31:14
216	Böyng, Sven	00:31:22
217	Ortmeier, Günter	00:31:30
218	Wegmann, Ludwig	00:31:50
219	Wessler, Stefan	00:31:59
220	Wewer, Luca	00:32:01
221	Sommer, Berthold	00:32:11
222	Thesing, Frank	00:32:41
223	Schürmann, Ralf	00:33:27
224	Pereira, Mario	00:33:28
225	Pölk, Oliver	00:33:42
226	Fleischer, Helmut	00:33:55
227	Biallaß, Tim	00:34:16
228	Kemper, Jochen	00:34:31
229	Winter, Frank	00:36:39
230	Mowlavi, Reza	00:39:11
231	Kiewe, Mario	00:42:31

10 km Männer

Nr.	Name	Zeit
1	Stephan, Bruno	00:32:58
2	Thünemann, Günther	00:33:27
3	Thünemann, Christoph	00:33:55
4	Hilt, Rainer	00:34:18
5	Kamp, Guido	00:34:34
6	Hilt, Simon	00:34:42
7	Spitmann, Thomas	00:35:02
8	Menzel, Udo	00:35:10
9	Throner, Benedikt	00:35:14
10	Thünemann, Helmut	00:35:14
11	Ortmeier, Finn	00:35:17
12	Homann, Jürgen	00:35:37
13	Kestermann, Herbert	00:35:58
14	Wünnenberg, Hans-Jürgen	00:36:01
15	Rauß, Julian	00:36:13
16	Lohaus, Ludger	00:36:15
17	Heuer, Patrick	00:36:17
18	Jürgens, Markus	00:36:20
19	Körholz, Manfred	00:36:34
20	Lange, Hans-Michael	00:36:43
21	Borgmann, Andreas	00:36:44
22	Kaul, Ansgar	00:37:01
23	Kemper, Martin	00:37:22
24	Neher, Fergus-John	00:37:25
25	Erber, Jürgen	00:37:42
26	Günner, Manfred	00:37:42
27	Wilp, Edmund	00:37:46
28	Ernst, Markus	00:37:49
29	Wille, Thomas	00:37:51
30	Ahaus, Peter	00:37:56
31	Epping, Florian	00:37:56
32	Dokters, Stefan	00:38:00
33	Epping, Gerhard	00:38:01
34	Gogrewe, Luc Phil	00:38:03
35	Hegemann, Uli +	00:38:06
36	Winter, Günter	00:38:09
37	Kaminsky, Peter	00:38:10
38	Bünker, Gudio	00:38:12
39	Ortmeier, Günter	00:38:15
40	Possemeyer, Reinhard	00:38:16
41	Grimme, Harald	00:38:17
42	Gogrewe, Luc Phil	00:38:20
43	Krusel, Albert	00:38:22
44	Mussing, Thomas	00:38:33
45	Borgmann, Oliver	00:38:37
46	Schäche, Guido	00:39:05
47	Bröker, Hermann	00:39:10

10 km Männer

Nr.	Name	Zeit
48	Rettig, Christoph	00:39:12
49	Bosse, Gerold	00:39:15
50	Ansmann, Christian	00:39:16
51	Austrup, Henrik	00:39:16
52	Westkamp, Georg	00:39:21
53	Lemke, Sebastian	00:39:22
54	Veerkamp, Dieter	00:39:25
55	Alaze, Matthias	00:39:30
56	Löckemann, Markus	00:39:31
57	Tillack, Hans	00:39:33
58	Ribbers, Matthias	00:39:34
59	Kestermann, Thilo	00:39:35
60	Harbering, Andreas	00:39:36
61	Lagemann, Maik	00:39:39
62	Mäss, Willi	00:39:49
63	Stallmeier, Bernhard +	00:39:57
64	Löbbel, Gottfried +	00:40:02
65	Albers, Werner	00:40:03
66	Lohrenz, Peter	00:40:05
67	Rotschen, Dennis	00:40:10
68	Stelzer, Christian	00:40:11
69	Albers, Lothar +	00:40:16
70	Pieper, Thomas	00:40:16
71	Dieckmann, Günter	00:40:19
72	Triebel, Klaus	00:40:21
73	Deilen, Helmut	00:40:24
74	Joppich, Wolfmar	00:40:37
75	Hemesath, Jürgen	00:40:40
76	Linnenbaum, Peter	00:40:40
77	Venker, Paul	00:40:45
78	Lepkes, Georg	00:40:49
79	Adler, Peter	00:40:51
80	Aupke, Franz-Josef	00:41:01
81	Schwarte, Christian	00:41:18
82	Kösters, Martin	00:41:27
83	Lüttkemöller, Daniel	00:41:28
84	Heckmann, Mathias	00:41:32
85	Kleiner, Axel	00:41:36
86	Meinert, Julian	00:41:43
87	Linnenbaum, Thomas	00:41:51
88	Becks, Daniel	00:42:01
89	Heisterkamp, Karl	00:42:01
90	Verlage, Alfred +	00:42:01
91	Peters, Friedhelm	00:42:09
92	Rinsche, Henning	00:42:14
93	Bisping, Klaus	00:42:15
94	Lanvers, Dietmar	00:42:15

10 km Männer

Nr.	Name	Zeit
95	Felchner, Andre	00:42:16
96	Heuer, Jürgen	00:42:21
97	Hilbert, Christoph	00:42:24
98	Schwering, Reinhard	00:42:30
99	Stockbrink, Klaus	00:42:33
100	Wissing, Ansgar	00:42:34
101	Brümmer, Vinzenz	00:42:38
102	Telger, Maik	00:42:40
103	Lodde, Michael	00:42:55
104	Hemesath, André	00:43:02
105	Ruhe, Herbert	00:43:04
106	Klawun, Jörg	00:43:06
107	Reckert, Franz-Josef	00:43:06
108	Hilt, Marius	00:43:16
109	Schwering, Martin	00:43:16
110	Breulmann, Ansgar	00:43:17
111	Felmet, André	00:43:17
112	Tümler, Rainer	00:43:22
113	Lagemann, Dietmar	00:43:33
114	Leugers, Alfred	00:43:35
115	Fröhlich, Max	00:43:37
116	Möddel, Klaus-Dieter	00:43:38
117	Beuse, Markus	00:43:41
118	Heidotting, Oliver	00:43:43
119	Scholz, Sascha	00:43:50
120	Beschoner, Hans-Hermann	00:44:01
121	Kleiner, Johannes	00:44:02
122	Lüke, Rudolf	00:44:02
123	Leineweber, Leo	00:44:03
124	Schmitz, Frank	00:44:14
125	Beermann, Klemens	00:44:22
126	Rengers, Werner	00:44:23
127	Kemper, Andre	00:44:24
128	Austrup, Reinhard	00:44:29
129	Pieper, Dennis	00:44:33
130	Knuck, Roger	00:44:37
131	Meyerz.A., Christian	00:44:41
132	Wiening, Axel	00:44:41
133	Telger, Johannes	00:44:47
134	Hollermann, Thomas	00:44:48
135	Kathrein, Jens	00:44:49
136	Kloppenborg, Reinhard	00:44:51
137	Gausepohl, Markus	00:44:52
138	Müllmann, Rainer	00:44:54
139	Tiltmann, Lukas	00:44:57
140	Bartsch, Matthias	00:44:58
141	Egbers, Timo	00:44:59

10 km Männer

Nr.	Name	Zeit
142	Wieberg, Dirk	00:45:00
143	Krekeler, Eckhard	00:45:15
144	Rotschen, Michael	00:45:20
145	Neuhaus, Markus	00:45:22
146	Pinnow, Helmut	00:45:26
147	Berger, Gerd	00:45:28
148	Koordt, Achim	00:45:30
149	Baatz, Stephan	00:45:32
150	Pieper, Robin	00:45:41
151	Albers, Guido	00:45:44
152	Ruhmüller, Stefan	00:45:46
153	Faber, Horst	00:45:56
154	Heidotting, Felix	00:45:56
155	Schwarte, Gottfried	00:45:57
156	Kippenbrock, Horst	00:46:09
157	Hemker, Reinhold Dr.	00:46:14
158	Remke, Marcel	00:46:18
159	Boerger, Detlef	00:46:33
160	Ansmann, Stefan	00:46:34
161	Remmes, Ewald	00:46:36
162	Kamp, Joachim	00:46:38
163	Schräer, Christian	00:46:43
164	Hampel, Marcus	00:46:55
165	Venker, Jörg	00:46:56
166	Lange, Daniel	00:47:01
167	Becks, Stephan	00:47:04
168	Kamann, Michael	00:47:09
169	Lettang, Jochen	00:47:14
170	Göcke, Thomas	00:47:18
171	Jürgens, Josef	00:47:29
172	Abels, Ralf	00:47:30
173	Terhorst, Dirk	00:47:32
174	Pleimann, Hendrik	00:47:35
175	Lütke-Wenning, Clemens	00:47:36
176	Böyng, Sven	00:47:44
177	Hake, Günther	00:47:46
178	Bitter, Daniel	00:47:50
179	Felmet, Klaus-Dieter	00:47:52
180	te Poel, Markus	00:47:53
181	Ohde, Georg	00:47:55
182	Hurcks, Christian	00:48:02
183	Hollenberg, Christian	00:48:06
184	Bülhoff, Martin	00:48:08
185	Bockholt, Karl-Heinz	00:48:09
186	Walter, Christian	00:48:13
187	Veltrup, Markus	00:48:18
188	Bitter, Thomas	00:48:20

10 km Männer		
Nr.	Name	Zeit
189	Löckemann, Rainer	00:48:24
190	Klaphecke, Jörg	00:48:27
191	Iker, Christian	00:48:29
192	Langebröker, Jörg	00:48:32
193	Meiners, Marcus	00:48:42
194	Schmedding, Thomas	00:48:42
195	Bartsch, Andreas	00:48:45
196	Ender, Jochem	00:48:48
197	Plagge, Thomas	00:48:48
198	Winter, Frank	00:48:52
199	Büchter, Rolf	00:48:57
200	Koch, Thorsten	00:48:59
201	Schröder, Karl-Heinz	00:48:59
202	Möllers, Siegfried	00:49:03
203	Beckmann, Markus	00:49:12
204	Serke, Jonas	00:49:18
205	Münzberger, Thorsten	00:49:27
206	Kellers, Helmut	00:49:33
207	Baberschke, Rolf	00:49:38
208	Raßing, Bernard	00:49:50
209	Wegmann, Ludwig	00:49:51
210	Schniedergerers-Kloppenborg, Rolf	00:49:52
211	Poggemann, Thomas	00:49:55
212	Pinto, Rodrigo	00:50:10
213	Klöpper, Alexander	00:50:11
214	Winter, Nils	00:50:18
215	Göcke, Norbert	00:50:24
216	Klöpper, Michael	00:50:25
217	Sander, Til	00:50:45
218	Laugemann, Manuel	00:51:15
219	Bültel, Wilhelm	00:51:22
220	Magnus, Dirk	00:51:23
221	Mohr, Uwe	00:51:30
222	Robert, Martin	00:51:35
223	Schlüter, Christoph	00:51:38
224	Krühler, Josef	00:51:42
225	Gräbel, Sascha	00:51:44
226	Grottke, Manfred	00:51:59
227	Krühler, Michael	00:52:05
228	Ahmann, Udo	00:52:08
229	Teutemacher, Tobias	00:52:28
230	Kroening, Ralf	00:52:29
231	Renfort, Klaus	00:52:36
232	Lanvers, Jürgen	00:52:44
233	Engels, Hans-Jürgen +	00:53:18
234	Tiltmann, Michael	00:53:24
235	Kremen, Alexander	00:53:39

10 km Männer

Nr.	Name	Zeit
236	Remke, Christian	00:53:39
237	Herting, Dirk	00:53:47
238	Kamp, Dennis	00:53:50
239	Wedy, Ludger	00:54:01
240	Spandau, Johannes	00:54:09
241	Thalmann, Björn	00:54:10
242	Weber, Jens	00:54:11
243	Poggemann, Stefan	00:54:14
244	Venker, Michael	00:54:14
245	Hanowell, Björn	00:54:16
246	Kolthof, Rainer	00:54:17
247	Den Ouden, Dirk	00:54:26
248	Parsch, Martin	00:54:46
249	Krühler, Udo	00:54:51
250	Preisling, Markus	00:54:51
251	Schmidt, Jürgen B.	00:54:54
252	Schölling, Walter	00:55:00
253	Eßmann, Leo	00:55:09
254	Ottenjann, Werner	00:55:24
255	Schomaker, Ludwig	00:55:44
256	Bläker, Matthias	00:56:20
257	Benker, Hans-Jürgen	00:56:44
258	Molitor, Franz-Josef	00:56:46
259	Elting, Johannes	00:57:01
260	Notzon, Mirek	00:57:05
261	Deitmar, Stefan	00:57:41
262	Brüggemann, Stefan	00:57:46
263	Ottenjann, Lars	00:57:47
264	Reeh, Maximilian	00:57:48
265	Spielmann, Matthias	00:57:50
266	Ascheberg, Thomas	00:57:56
267	Sommer, Berthold	00:57:57
268	Serke, Oliver	00:58:19
269	Pereira, Mario	00:58:23
270	Wolters, Reinhold	00:58:32
271	Schulte-Austum, Jörg	00:58:34
272	Menebröcker, Bertram	00:58:54
273	Loof, Cord	00:58:56
274	Kolthof, Rainer	00:59:13
275	Zobel, Ulrich	00:59:30
276	Wirth, Karl	01:00:50
277	Bergmann, Johannes	01:00:56
278	Debski, Mathias	01:01:01
279	Laugemann, Pascal	01:01:30
280	Heitmann, Thomas	01:02:01
281	Kamp, Heinrich	01:02:26
282	Hildebrand, Marian	01:02:42

10 km Männer		
Nr.	Name	Zeit
283	Kloppenborg, Frank	01:03:24
284	Jochmann, Klaus	01:04:17
285	Mußmann, Martin	01:05:35
286	Möllers, Andreas	01:07:35
287	Fastermann, Stefan	01:08:47
288	Termöllen, Jörg	01:08:47
289	Felschen, Markus	01:08:58
290	Beckwermert, Felix	01:10:24
291	Benker, Mathias	01:11:11
292	Biallaß, Tim	01:14:00
293	Büchter, Klaus	01:14:01
294	Schürmann, Ralf	01:15:56
295	Schmittwilken, Ralf	01:21:03
296	Kiewe, Mario	01:21:24
297	Mowlavi, Reza	01:21:52

21,0995 km (Halbmarathon Männer)

Nr.	Name	Zeit
1	Gidumbanda, Daniel	01:09:21
2	Kamp, Guido	01:14:30
3	Thünemann, Günther	01:14:35
4	Hilt, Rainer	01:14:46
5	Thünemann, Christoph	01:18:22
6	Thünemann, Helmut	01:18:57
7	Kaminsky, Peter	01:19:06
8	Heuer, Patrick	01:20:00
9	Homann, Jürgen	01:20:25
10	Jürgens, Markus	01:20:29
11	Rauß, Julian	01:20:31
12	Menzel, Udo	01:21:09
13	Stephan, Bruno	01:21:31
14	Körholz, Manfred	01:22:13
15	Wünnenberg, Hans-Jürgen	01:23:16
16	Ernst, Markus	01:23:35
17	Krusel, Albert	01:23:42
18	Lagemann, Maik	01:23:46
19	Epping, Gerhard	01:23:54
20	Ahaus, Peter	01:24:06
21	Kemper, Martin	01:24:14
22	Wille, Thomas	01:24:14
23	Grimme, Harald	01:24:29
24	Löckemann, Markus	01:24:44
25	Kaul, Ansgar	01:25:11
26	Wilp, Edmund	01:25:32
27	Winter, Günter	01:25:33
28	Lange, Hans-Michael	01:26:17
29	Stockbrink, Klaus	01:26:20
30	Mussing, Thomas	01:26:21
31	Hemesath, Jürgen	01:26:50
32	Austrup, Henrik	01:26:52
33	Neher, Fergus-John	01:27:12
34	Bröker, Hermann	01:27:20
35	Tillack, Hans	01:27:26
36	Wessler, Christian	01:27:35
37	Erber, Jürgen	01:27:41
38	Throner, Benedikt	01:27:56
39	Lüttkemöller, Daniel	01:28:20
40	Harbering, Andreas	01:28:44
41	Epping, Florian	01:29:01
42	Lohaus, Ludger	01:29:03
43	Bünker, Gudio	01:29:15
44	Hegemann, Uli +	01:29:18
45	Thalman, Jens	01:29:32
46	Westkamp, Georg	01:29:39
47	Dieckmann, Günter	01:29:51

21,0995 km (Halbmarathon Männer)

Nr.	Name	Zeit
48	Albers, Lothar +	01:29:57
49	Mäss, Willi	01:30:10
50	Adler, Peter	01:30:46
51	Pieper, Dennis	01:31:17
52	Bosse, Gerold	01:31:34
53	Kleiner, Axel	01:32:28
54	Schäche, Guido	01:32:39
55	Venker, Paul	01:32:54
56	Löbbel, Gottfried +	01:33:16
57	Rotschen, Dennis	01:33:39
58	Meinert, Julian	01:33:44
59	Peters, Friedhelm	01:33:44
60	Hemesath, André	01:34:08
61	Schwarte, Christian	01:34:35
62	Alaze, Matthias	01:34:48
63	Behrens, Andreas	01:34:49
64	Hilt, Simon	01:34:50
65	Leugers, Alfred	01:35:19
66	Ortmeier, Günter	01:36:14
67	Beuse, Markus	01:36:45
68	Albers, Werner	01:37:10
69	Ruhe, Herbert	01:37:15
70	Schwering, Martin	01:37:44
71	Müllmann, Rainer	01:37:54
72	Tümler, Rainer	01:38:19
73	Heckmann, Mathias	01:38:26
74	Heuer, Jürgen	01:38:27
75	Lanvers, Dietmar	01:38:31
76	Pieper, Thomas	01:38:50
77	Heidotting, Felix	01:38:51
78	Lepkes, Georg	01:38:54
79	Schräer, Christian	01:39:20
80	Deilen, Helmut	01:39:25
81	Lagemann, Dietmar	01:39:36
82	Schwering, Reinhard	01:39:36
83	Lemke, Sebastian	01:40:10
84	Nachtigall, Thomas	01:41:09
85	Scholz, Sascha	01:41:18
86	Faber, Horst	01:41:32
87	Schmitz, Frank	01:41:38
88	Albers, Guido	01:42:02
89	Bitter, Daniel	01:42:24
90	Heidotting, Oliver	01:42:27
91	Rotschen, Michael	01:42:41
92	Kamp, Joachim	01:42:54
93	Telger, Maik	01:43:19
94	Hollermann, Thomas	01:43:27

21,0995 km (Halbmarathon Männer)

Nr.	Name	Zeit
95	Felchner, Andre	01:43:37
96	Kamann, Michael	01:43:40
97	Bockholt, Karl-Heinz	01:43:44
98	Becks, Stephan	01:43:50
99	Rudolph, Eugen	01:44:00
100	Lanvers, Luiz	01:44:02
101	Schwering, Kevin	01:44:19
102	Terhorst, Dirk	01:44:26
103	Wieberg, Dirk	01:44:26
104	Brümmer, Vinzenz	01:44:42
105	Beermann, Klemens	01:44:48
106	Bartsch, Andreas	01:45:17
107	Hurcks, Christian	01:45:17
108	Kippenbrock, Horst	01:45:36
109	Fröhlich, Johannes	01:45:38
110	Verlage, Alfred +	01:45:45
111	Koordt, Achim	01:45:50
112	Venker, Jörg	01:46:08
113	Rose, Thomas	01:46:09
114	Berger, Gerd	01:46:54
115	Hemker, Reinhold Dr.	01:46:56
116	Bartsch, Matthias	01:47:12
117	Ender, Jochem	01:47:48
118	Bitter, Thomas	01:47:51
119	Bülhoff, Martin	01:48:34
120	Böyng, Sven	01:48:38
121	Ansmann, Stefan	01:48:43
122	Hilbert, Christoph	01:49:08
123	Poggemann, Thomas	01:49:09
124	Hampel, Marcus	01:49:33
125	Neuhaus, Markus	01:49:43
126	Kloppenborg, Reinhard	01:50:06
127	Baatz, Stephan	01:51:18
128	Jürgens, Josef	01:51:22
129	Bisping, Klaus	01:52:00
130	Kamp, Dennis	01:54:41
131	Göcke, Thomas	01:54:43
132	Wilp, Markus	01:54:44
133	Kolthof, Rainer	01:55:01
134	Ohde, Georg	01:55:14
135	Schlickmann, Andreas	01:55:21
136	Wiening, Axel	01:56:35
137	Meiners, Marcus	01:56:47
138	Schniederger-Kloppenborg, Rolf	01:57:02
139	Hanowell, Björn	01:57:54
140	Raßing, Bernard	01:58:17
141	Ottenjann, Werner	01:58:43

21,0995 km (Halbmarathon Männer)

Nr.	Name	Zeit
142	Schmedding, Thomas	01:59:17
143	Klöpper, Michael	01:59:41
144	Abels, Ralf	01:59:56
145	Kestermann, Herbert	02:00:32
146	Wedy, Ludger	02:01:11
147	Engels, Hans-Jürgen +	02:01:46
148	Heisterkamp, Karl	02:01:48
149	Bültel, Wilhelm	02:01:51
150	Tiltmann, Michael	02:01:56
151	Schmidt, Siegfried	02:02:41
152	Krühler, Michael	02:03:07
153	Teutemacher, Tobias	02:03:13
154	Wiesner, Thomas	02:04:05
155	Koch, Thorsten	02:05:25
156	Lanvers, Jürgen	02:06:10
157	Loof, Cord	02:08:12
158	Münzberger, Thorsten	02:08:45
159	Langebröcker, Jörg	02:09:10
160	Magnus, Dirk	02:10:21
161	Baberschke, Rolf	02:11:56
162	Rengers, Werner	02:14:28
163	Schölling, Walter	02:17:04
164	Termöllen, Jörg	02:18:56
165	Sommer, Berthold	02:19:45
166	Poggemann, Stefan	02:22:29
167	Beckmann, Markus	02:22:54
168	Wirth, Karl	02:25:56
169	Teeling, Jan	02:27:16
170	Debski, Mathias	02:30:48
171	Gräbel, Sascha	02:31:56
172	Feld, Martin	02:45:51

42,195 km (Marathon Männer)

Nr.	Name	Zeit
1	Hilt, Rainer	02:38:57
2	Thünemann, Günther	02:40:14
3	Podewski, Max	02:45:37
4	Kaminsky, Peter	02:46:13
5	Thünemann, Christoph	02:48:23
6	Menzel, Udo	02:51:54
7	Heuer, Patrick	02:54:43
8	Thünemann, Helmut	02:54:53
9	Hollenberg, Christian	02:55:40
10	Jürgens, Markus	02:56:06
11	Körholz, Manfred	02:56:21
12	Homann, Jürgen	02:56:49
13	Wünnenberg, Hans-Jürgen	02:57:50
14	Krusel, Albert	02:58:35
15	Tillack, Hans	02:59:10
16	Lagemann, Maik	02:59:41
17	Stephan, Bruno	03:00:21
18	Wille, Thomas	03:00:44
19	Mussing, Thomas	03:04:03
20	Löckemann, Markus	03:04:55
21	Hemesath, André	03:06:25
22	Austrup, Henrik	03:06:29
23	Winter, Günter	03:07:04
24	Kaul, Ansgar	03:07:07
25	Wissing, Ansgar	03:08:36
26	Wilp, Edmund	03:08:38
27	Kestermann, Herbert	03:10:21
28	Epping, Gerhard	03:10:51
29	Grimme, Harald	03:11:30
30	Alaze, Matthias	03:11:47
31	Mäss, Willi	03:12:56
32	Ernst, Markus	03:13:15
33	Ahaus, Peter	03:14:19
34	Harbering, Andreas	03:14:34
35	Kemper, Martin	03:14:36
36	Wessler, Christian	03:15:28
37	Breul, Dieter	03:15:54
38	Ortmeier, Günter	03:16:38
39	Kamp, Guido	03:17:01
40	Hemesath, Jürgen	03:17:10
41	Adler, Peter	03:17:32
42	Hegemann, Uli +	03:19:18
43	Bröker, Hermann	03:19:20
44	Stallmeier, Bernhard +	03:21:14
45	Pieper, Dennis	03:21:59
46	Rettig, Christoph	03:22:24
47	Brümmer, Vinzenz	03:23:01

42,195 km (Marathon Männer)

Nr.	Name	Zeit
48	Schwering, Kevin	03:24:26
49	Dieckmann, Günter	03:24:45
50	Behrens, Andreas	03:25:28
51	Heisterkamp, Karl	03:26:00
52	Lüttkemöller, Daniel	03:26:37
53	Joppich, Wolfmar	03:26:47
54	Albers, Werner	03:27:16
55	Kleiner, Axel	03:27:23
56	Löbbel, Gottfried +	03:27:28
57	Schäche, Guido	03:28:24
58	Lemke, Sebastian	03:28:26
59	Albers, Lothar +	03:28:39
60	Neher, Fergus-John	03:28:53
61	Veerkamp, Dieter	03:29:18
62	Westkamp, Georg	03:29:20
63	Schwarte, Christian	03:29:42
64	Venker, Paul	03:29:45
65	Leugers, Alfred	03:30:38
66	Bünker, Gudio	03:30:53
67	Deilen, Helmut	03:31:26
68	Peters, Friedhelm	03:33:49
69	Stockbrink, Klaus	03:34:14
70	Müllmann, Rainer	03:34:22
71	Felchner, Andre	03:34:29
72	Lanvers, Dietmar	03:35:26
73	Ribbers, Matthias	03:36:46
74	Meinert, Julian	03:37:37
75	Lohaus, Ludger	03:39:00
76	Ruhmöller, Stefan	03:39:20
77	Schwering, Reinhard	03:39:28
78	Heuer, Jürgen	03:40:12
79	Terhorst, Dirk	03:43:24
80	Verlage, Alfred +	03:43:30
81	Tümler, Rainer	03:43:31
82	Beuse, Markus	03:43:32
83	Telger, Maik	03:44:12
84	Rotschen, Dennis	03:44:40
85	Pieper, Thomas	03:45:52
86	Rotschen, Michael	03:47:07
87	Rinsche, Henning	03:47:21
88	Nachtigall, Thomas	03:48:40
89	Müllmann, Thomas	03:49:40
90	Wieberg, Dirk	03:50:22
91	Felmet, Klaus-Dieter	03:50:47
92	Bosse, Gerold	03:51:06
93	Schwering, Martin	03:51:16
94	Jürgens, Josef	03:52:33

42,195 km (Marathon Männer)

Nr.	Name	Zeit
95	Pleimann, Hendrik	03:52:41
96	Faber, Horst	03:52:49
97	Ascheberg, Johannes	03:53:37
98	Lagemann, Dietmar	03:53:49
99	Kamp, Joachim	03:53:52
100	Beermann, Klemens	03:54:17
101	Bockholt, Karl-Heinz	03:54:17
102	Koordt, Achim	03:54:50
103	Schmitz, Frank	03:55:42
104	Albers, Guido	03:55:43
105	Ender, Jochem	03:55:52
106	Ruhe, Herbert	03:56:22
107	Kamann, Michael	03:56:46
108	Fröhlich, Johannes	03:57:55
109	Möddel, Klaus-Dieter	03:58:15
110	Rengers, Werner	03:58:17
111	Bisping, Klaus	03:59:16
112	Becks, Stephan	04:01:01
113	Ahmann, Udo	04:01:45
114	Lodde, Michael	04:02:02
115	Göcke, Thomas	04:02:38
116	Scholz, Sascha	04:02:52
117	Ansmann, Stefan	04:03:14
118	Wallrafen, Hanno	04:04:21
119	Hemker, Reinhold Dr.	04:07:52
120	Gehring, Bernd	04:09:35
121	Winter, Frank	04:13:37
122	Hurcks, Christian	04:14:07
123	Münzberger, Thorsten	04:14:36
124	Wiening, Axel	04:16:27
125	Hollermann, Thomas	04:17:14
126	Böyning, Sven	04:18:39
127	Berger, Gerd	04:19:10
128	Bültel, Wilhelm	04:19:34
129	Schlickmann, Andreas	04:25:51
130	Koch, Thorsten	04:30:42
131	Jochmann, Klaus	04:35:22
132	Engels, Hans-Jürgen +	04:39:19
133	Fröhlich, Dr. Engelbert	04:40:55
134	Ohde, Georg	04:43:56
135	Magnus, Dirk	04:44:55
136	Ottenjann, Werner	04:45:07
137	Brinck, Franz-Josef	04:45:21
138	Tiltmann, Michael	04:45:34
139	Sommer, Berthold	04:48:25
140	Neuhaus, Markus	04:57:20
141	Krühler, Michael	04:59:56

42,195 km (Marathon Männer)		
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Nr.	Name	Zeit
142	Baatz, Stephan	05:12:58
143	Gräbel, Sascha	05:20:43