

1,1 km (Stutenkerllauf, Kinder männlich)

Nr.	Name	Zeit
1	Ahlert, Nico	00:03:35
2	Pinto, Luis	00:03:35
3	Pinto, Fabio	00:03:38
4	Büchter, Jakob	00:03:41
5	Heidotting, Felix	00:03:41
6	Scholz, Jakob	00:03:41
7	Ansmann, Christian	00:03:46
8	Sahlmann, Benedikt	00:03:47
9	Wittmann, Vincent	00:03:48
10	Schräer, Torben	00:03:49
11	Koch, Felix	00:03:50
12	Pinto, Pierre-Miguel	00:03:50
13	Hilt, Simon	00:03:52
14	Termöllen, Lukas	00:03:55
15	Hilt, Marius	00:03:57
16	Ansmann, Florian	00:04:00
17	Heukamp, Fynn	00:04:00
18	Ruhe, Dominik	00:04:00
19	Wieland, Linus	00:04:00
20	Felchner, Tom	00:04:02
21	Wedi, Nick	00:04:03
22	Kellers, Helmut	00:04:05
23	Wegmann, Lasse	00:04:06
24	Moore, Lias	00:04:06
25	Mersch, Diego	00:04:07
26	Remke, Johann	00:04:07
27	Brockmann, Mika	00:04:08
28	Vaske, Leo	00:04:09
29	Egbers, Jasper	00:04:10
30	Hildebrand, Joris	00:04:11
31	Kolbin, Mika	00:04:11
32	Wegmann, Louis	00:04:11
33	Baatz, Alexander	00:04:12
34	Thünemann, David	00:04:12
35	Zollfrank, Jan	00:04:12
36	Heeke, Thore	00:04:14
37	Laugemann, Manuel	00:04:15
38	Eilers, David	00:04:16
39	Holz, Enno	00:04:16
40	Langebröcker, Jannes	00:04:16
41	Jaeschke, Johannes-Tizian	00:04:18
42	Lardong, Florian	00:04:18
43	Lagemann, Luca	00:04:19
44	Thünemann, Jan	00:04:19
45	Magnus, Jonas	00:04:20
46	Dünow, Kai	00:04:22
47	Lammers, Ralf	00:04:22

1,1 km (Stutenkerllauf, Kinder männlich)

Nr.	Name	Zeit
48	Wedi, Justus	00:04:22
49	Fröhlich, Max	00:04:23
50	Veerkamp, Nils	00:04:23
51	Holz, Alanis	00:04:24
52	Lanvers, Luiz	00:04:24
53	Lange, Lucas	00:04:25
54	Venker, Moritz	00:04:25
55	Felchner, Juri	00:04:27
56	Fröhlich, Ferdinand	00:04:28
57	Raßing, Noah	00:04:30
58	Zollfrank, Max	00:04:30
59	Egbers, Michel	00:04:31
60	Fröhlich, Friedrich	00:04:31
61	Lemke, Tom	00:04:31
62	Uferkamp, Micha	00:04:32
63	Schubert, Frederik	00:04:33
64	Kolbin, Finn	00:04:34
65	Wünnenberg, André	00:04:36
66	Laugemann, Julian	00:04:37
67	Krühler, Daniel	00:04:39
68	Kortmöller, Henry	00:04:40
69	Meiners, Vitus	00:04:42
70	Brehmer, Timo	00:04:43
71	Hälker, Leon	00:04:43
72	Bröker, Mats	00:04:45
73	Grimme, Florian	00:04:47
74	Rentmeier, Aaron	00:04:47
75	Wünnenberg, Tim	00:04:48
76	Hanowell, Aaron	00:04:50
77	Kattenbeck, Finn	00:04:51
78	Pott, Maximilian	00:04:51
79	Kellers, Robert	00:04:53
80	Brünen, Leon	00:04:54
81	Beckmann, Levin	00:04:55
82	Büker, Finn	00:04:55
83	Thünemann, Patrick	00:04:56
84	Benker, Florian	00:04:58
85	Hinterding, Tom	00:04:58
86	Beckwermert, Lennart	00:05:01
87	Parsch, Gerrit	00:05:01
88	Koers, Iven	00:05:03
89	Teupe, Jan	00:05:03
90	Altepost, Jonas	00:05:05
91	Sandmann, Mathis	00:05:05
92	Gremme, Linus	00:05:06
93	Wieland, Jonas	00:05:06
94	Beike, Fabian	00:05:07

1,1 km (Stutenkerllauf, Kinder männlich)

Nr.	Name	Zeit
95	Holz, Stefan	00:05:07
96	Vogel, Max	00:05:07
97	Langebröker, Arian	00:05:12
98	Wedi, Lukas	00:05:13
99	Sahlmann, Lennox	00:05:14
100	Slizewski, Ben Oskar	00:05:15
101	Parsch, Arne	00:05:19
102	Wolf, Jonas	00:05:21
103	Hinrichs, Simon	00:05:22
104	Rotschen, Linus	00:05:23
105	Stapper, Bastian	00:05:24
106	Wewer, Luca	00:05:24
107	Kippel, Leon	00:05:26
108	Wilp, Till	00:05:28
109	Krühler, David	00:05:30
110	Ansmann, Luka	00:05:32
111	Ott, Jan-Lasse	00:05:33
112	Leutloff, Dexter	00:05:36
113	Büker, Nils	00:05:42
114	Spieker, Jannis	00:05:42
115	Müller, Marius	00:05:43
116	Beckwermert, Lukas	00:05:46
117	Bosse, Bastian	00:05:46
118	Thünemann, Philipp	00:05:48
119	Ventker, Daniel	00:05:51
120	Kock, Julian	00:05:55
121	Winter, Henry	00:06:02
122	Parsch, Jannes	00:06:03
123	Tillmann, Lennart	00:06:10
124	Hoebink, Tim	00:06:14
125	Schulte-Austum, Philipp	00:06:18
126	Kamp, Moritz	00:06:23
127	Berlin, Lukas	00:06:34
128	Kippel, Noah	00:06:51
129	Orzech, Jan	00:06:51
130	Lagemann, Matti	00:06:57
131	Rotschen, Noah	00:06:59
132	Giese, Tom	00:07:01
133	Bosse, Dennis	00:07:06
134	Müller, Michael	00:07:17
135	Klöpfer, Alexander	00:08:22
136	Kersten, Justus	00:08:38
137	Hoebink, Jan	00:10:33
138	Ulrich, Jonas	00:13:12

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
1	Stephan, Bruno	00:12:04
2	Thünemann, Günther	00:12:15
3	Hilt, Simon	00:12:21
4	Thünemann, Christoph	00:12:24
5	Rauß, Julian	00:12:30
6	Jürgens, Markus	00:12:44
7	Spitmann, Thomas	00:12:47
8	Hilt, Rainer	00:12:52
9	Ortmeier, Finn	00:12:54
10	Kamp, Guido	00:12:55
11	Kemper, Martin	00:13:00
12	Kestermann, Herbert	00:13:07
13	Thünemann, Helmut	00:13:09
14	Kestermann, Thilo	00:13:12
15	Schönhut, Steffen	00:13:12
16	Homann, Jürgen	00:13:14
17	Gogrewe, Luc Phil	00:13:16
18	Wegmann, Louis	00:13:17
19	Podewski, Max	00:13:18
20	Thröner, Benedikt	00:13:18
21	Gogrewe, Luc Phil	00:13:19
22	Wünnenberg, Hans-Jürgen	00:13:20
23	Epping, Florian	00:13:27
24	Borgmann, Andreas	00:13:35
25	Körholz, Manfred	00:13:37
26	Pinto, Fabio	00:13:38
27	Gerigk, Stephan	00:13:41
28	Grimme, Harald	00:13:42
29	Ortmeier, Günter	00:13:42
30	Menzel, Udo	00:13:45
31	Neher, Fergus-John	00:13:45
32	Possemeyer, Reinhard	00:13:45
33	Epping, Gerhard	00:13:47
34	Lemke, Sebastian	00:13:47
35	Lohaus, Ludger	00:13:48
36	Alaze, Matthias	00:13:55
37	Ribbers, Matthias	00:13:55
38	Winter, Günter	00:13:55
39	Borgmann, Oliver	00:13:57
40	Bünker, Gudio	00:13:58
41	Ansmann, Christian	00:14:01
42	Hegemann, Uli +	00:14:01
43	Krusel, Albert	00:14:04
44	Austrup, Henrik	00:14:06
45	Ernst, Markus	00:14:07
46	Kaminsky, Peter	00:14:08
47	Lange, Hans-Michael	00:14:08

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
48	Ahaus, Peter	00:14:10
49	Wiebeler, Sven	00:14:11
50	Lagemann, Maik	00:14:13
51	Linnenbaum, Peter	00:14:13
52	Kemper, Andre	00:14:14
53	Kaul, Ansgar	00:14:17
54	Stelzer, Christian	00:14:17
55	Wilp, Edmund	00:14:21
56	Schäche, Guido	00:14:22
57	Westkamp, Georg	00:14:26
58	Lüttkemöller, Daniel	00:14:28
59	Mäss, Willi	00:14:28
60	Egbers, Timo	00:14:31
61	Deilen, Helmut	00:14:33
62	Albers, Lothar +	00:14:36
63	Triebel, Klaus	00:14:36
64	Dürig, Markus	00:14:38
65	Löckemann, Markus	00:14:38
66	Bröker, Hermann	00:14:39
67	Lange, Andre	00:14:39
68	Festring, Justus	00:14:40
69	Kösters, Martin	00:14:40
70	Rotschen, Dennis	00:14:42
71	Breulmann, Ansgar	00:14:43
72	Bruns, Michael	00:14:43
73	Stallmeier, Bernhard +	00:14:44
74	Hemesath, Jürgen	00:14:47
75	Bosse, Gerold	00:14:49
76	Meinert, Julian	00:14:49
77	Schwarte, Christian	00:14:52
78	Heukamp, Fynn	00:14:53
79	Günner, Manfred	00:14:54
80	Tillack, Hans	00:14:55
81	Moore, Lias	00:14:56
82	Dieckmann, Günter	00:14:57
83	Lohrenz, Peter	00:14:57
84	Rinsche, Henning	00:14:57
85	Venker, Paul	00:14:59
86	Heckmann, Mathias	00:15:01
87	Heidotting, Felix	00:15:02
88	Adler, Peter	00:15:03
89	Schräer, Christian	00:15:03
90	Löbbel, Gottfried +	00:15:05
91	Linnenbaum, Thomas	00:15:07
92	Remke, Marcel	00:15:08
93	Kleiner, Axel	00:15:11
94	Lanvers, Dietmar	00:15:11

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
95	Telger, Maik	00:15:11
96	Büchter, Jakob	00:15:12
97	Veerkamp, Dieter	00:15:12
98	Harbering, Andreas	00:15:15
99	Schwering, Reinhard	00:15:15
100	Egbers, Timo	00:15:17
101	Stockbrink, Klaus	00:15:19
102	Schmitz, Frank	00:15:21
103	Wieland, Linus	00:15:22
104	Brümmer, Vinzenz	00:15:26
105	Lagemann, Dietmar	00:15:26
106	Pinto, Luis	00:15:26
107	Verlage, Alfred +	00:15:28
108	Weber, Werner	00:15:28
109	Ruhe, Herbert	00:15:29
110	Albers, Werner	00:15:33
111	Kortmöller, Benedikt	00:15:33
112	Beschoner, Hans-Hermann	00:15:40
113	Heidotting, Oliver	00:15:42
114	Heuer, Jürgen	00:15:42
115	Klawun, Jörg	00:15:42
116	Zollfrank, Jochen	00:15:42
117	Ascheberg, Thomas	00:15:43
118	Hemesath, André	00:15:43
119	Beuse, Markus	00:15:44
120	Sahlmann, Benedikt	00:15:45
121	Scholz, Sascha	00:15:46
122	Rose, Thomas	00:15:48
123	Borgmann, Erich	00:15:50
124	Lodde, Michael	00:15:50
125	Bartsch, Matthias	00:15:51
126	Peters, Friedhelm	00:15:53
127	Lepkes, Georg	00:15:55
128	Pieper, Thomas	00:15:56
129	Pinto, Rodrigo	00:15:56
130	Lüke, Rudolf	00:15:57
131	Langebröker, Jannes	00:15:59
132	Möddel, Klaus-Dieter	00:16:03
133	Termöllen, Lukas	00:16:06
134	Rengers, Werner	00:16:08
135	Schwarte, Gottfried	00:16:09
136	Austrup, Reinhard	00:16:10
137	Baatz, Stephan	00:16:10
138	Pinnow, Helmut	00:16:10
139	Ansmann, Florian	00:16:12
140	Krekeler, Eckhard	00:16:12
141	Wieberg, Dirk	00:16:13

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
142	Weßeler, Jannik	00:16:14
143	Kippenbrock, Horst	00:16:16
144	Lange, Daniel	00:16:18
145	Reeh, Maximilian	00:16:20
146	Höwel, Dominik	00:16:24
147	Hampel, Marcus	00:16:26
148	Terhorst, Dirk	00:16:29
149	Serke, Jonas	00:16:30
150	Jürgens, Michael	00:16:34
151	Kloppenborg, Reinhard	00:16:34
152	Laugemann, Pascal	00:16:34
153	te Poel, Markus	00:16:35
154	Venker, Jörg	00:16:35
155	Boerger, Detlef	00:16:37
156	Felmet, Klaus-Dieter	00:16:38
157	Becks, Stephan	00:16:39
158	Pleimann, Hendrik	00:16:42
159	Roling, Thomas	00:16:42
160	Albers, Guido	00:16:43
161	Bartsch, Andreas	00:16:45
162	Hurcks, Christian	00:16:46
163	Lütke-Wenning, Clemens	00:16:53
164	Veltrup, Markus	00:16:56
165	Heeke, Thore	00:16:57
166	Wissing, Pascal	00:16:57
167	Osterholt, Wolfgang	00:16:58
168	Schmedding, Thomas	00:16:58
169	Jürgens, Josef	00:16:59
170	Raßing, Bernard	00:16:59
171	Berger, Gerd	00:17:00
172	Mußmann, Felix	00:17:00
173	Klaphecke, Jörg	00:17:02
174	Rotschen, Michael	00:17:06
175	Ottenhues, Thorsten	00:17:08
176	Zollfrank, Jan	00:17:15
177	Kamann, Michael	00:17:16
178	Langebröker, Jörg	00:17:16
179	Elting, Johannes	00:17:19
180	Brock, Hendrik	00:17:20
181	Faber, Horst	00:17:22
182	Kellers, Helmut	00:17:23
183	Remke, Johann	00:17:27
184	Bitter, Thomas	00:17:30
185	Bertels, Markus	00:17:31
186	Dooling, Christian	00:17:32
187	Ventker, Manfred	00:17:35
188	Beuse, Lutz	00:17:40

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
189	Bülhoff, Martin	00:17:41
190	Felmet, André	00:17:45
191	Hilbert, Christoph	00:17:48
192	Winter, Nils	00:17:48
193	Ansmann, Stefan	00:17:49
194	Meiners, Marcus	00:17:52
195	Kroening, Ralf	00:17:57
196	Ruhe, Dominik	00:18:01
197	Baberschke, Rolf	00:18:04
198	Schniedergers-Kloppenborg, Rolf	00:18:04
199	Möllers, Siegfried	00:18:07
200	Michaelis, Jens	00:18:10
201	Laugemann, Manuel	00:18:18
202	Poggemann, Thomas	00:18:21
203	Rickermann, Maik	00:18:23
204	Lange, Helmut	00:18:25
205	Koch, Thorsten	00:18:27
206	Fröhlich, Max	00:18:28
207	Remke, Christian	00:18:33
208	Büchter, Rolf	00:18:33
209	Lanvers, Jürgen	00:18:37
210	Kremen, Alexander	00:18:43
211	Lorenz, Christian	00:18:45
212	Vaske, Jörg	00:18:49
213	Hanowell, Björn	00:18:51
214	Diesen, Karl-Heinz	00:18:53
215	Kolthof, Rainer	00:18:53
216	Lammers, Ralf	00:18:56
217	Remmersmann, Leon	00:19:06
218	Bühn, Ralf	00:19:08
219	Bültel, Wilhelm	00:19:11
220	Tiltmann, Michael	00:19:16
221	Witt, Stefan	00:19:20
222	Magnus, Dirk	00:19:22
223	Brehmer-Heitjans, Michael	00:19:26
224	Engels, Hans-Jürgen +	00:19:27
225	Koordt, Alexander	00:19:28
226	Raßing, Leon	00:19:29
227	Hake, Günther	00:19:34
228	Wehrmann, Günter	00:19:35
229	Schölling, Walter	00:19:40
230	Termöllen, Jörg	00:19:46
231	Sommer, Berthold	00:19:49
232	Menebröcker, Bertram	00:19:57
233	Parsch, Martin	00:20:06
234	Ottenjann, Werner	00:20:12
235	Beckwermert, Felix	00:20:20

3,8 km (Stutenkerllauf, Erwachsene Männer)

Nr.	Name	Zeit
236	Parsch, Arne	00:20:21
237	Ottenjann, Lars	00:20:40
238	Benker, Hans-Jürgen	00:20:52
239	Schulte-Austum, Jörg	00:20:59
240	Serke, Oliver	00:21:07
241	Karrmann, Norbert	00:21:12
242	Bröker, Matthias	00:21:17
243	Hildebrand, Marian	00:21:26
244	Nöring, Franz-Josef	00:21:30
245	Oberheim, Bernd	00:21:39
246	Uferkamp, Micha	00:21:47
247	Fastermann, Stefan	00:21:50
248	Debski, Mathias	00:21:57
249	Kamp, Heinrich	00:22:08
250	Mußmann, Martin	00:22:17
251	Meiners, Vitus	00:22:26
252	Hesping, Timo	00:22:55
253	Wesseler, Stefan	00:23:27
254	Schomaker, Ludwig	00:23:41
255	Thesing, Frank	00:24:31
256	Hemker, Reinhold Dr.	00:24:54
257	Wiebeler, Bernd	00:26:41
258	Winninghoff, Josef	00:26:44
259	Breulmann, Joshua	00:27:08
260	Kiewe, Mario	00:28:43
261	Imenhoff, Klaus	00:38:45

1km Männer		
Nr.	Name	Zeit
1	Ansmann, Christian	00:02:48
2	Epping, Florian	00:02:53
3	Pinto, Fabio	00:02:59
4	Borgmann, Oliver	00:03:03
5	Lemke, Sebastian	00:03:06
6	Rauß, Julian	00:03:06
7	Pinto, Pierre-Miguel	00:03:13
8	Pinto, Rodrigo	00:03:14
9	Büchter, Jakob	00:03:16
10	Sahlmann, Benedikt	00:03:19
11	Wiebeler, Sven	00:03:19
12	Heidotting, Felix	00:03:23
13	Pinto, Luis	00:03:27
14	Schubert, Frederik	00:03:29
15	Eilers, David	00:03:30
16	Remke, Johann	00:03:32
17	Zollfrank, Till	00:03:32
18	Felchner, Tom	00:03:35
19	Baatz, Alexander	00:03:37
20	Ansmann, Florian	00:03:38
21	Ahlert, Nico	00:03:41
22	Kellers, Helmut	00:03:41
23	Brockmann, Mika	00:03:42
24	Heinze, Frederic	00:03:42
25	Heukamp, Fynn	00:03:44
26	Ruhe, Dominik	00:03:45
27	Zollfrank, Max	00:03:46
28	Heeke, Thore	00:03:48
29	Hälker, Leon	00:03:49
30	Möddel, Steffen	00:03:54
31	Wedi, Nick	00:03:54
32	Wegmann, Lasse	00:03:54
33	Thünemann, David	00:03:56
34	Dünow, Kai	00:03:57
35	Parsch, Arne	00:03:57
36	Uferkamp, Micha	00:03:57
37	Fröhlich, Max	00:03:58
38	Thünemann, Jan	00:03:58
39	Zollfrank, Jan	00:03:59
40	Veerkamp, Nils	00:04:00
41	Koch, Felix	00:04:01
42	Langebröcker, Jannes	00:04:01
43	Ortmeier, Tom	00:04:02
44	Scholz, Jakob	00:04:03
45	Zollfrank, Linus	00:04:03
46	Hilt, Simon	00:04:04
47	Hinterding, Tom	00:04:04

1km Männer		
Nr.	Name	Zeit
48	Ulrich, Jonas	00:04:05
49	Hilt, Marius	00:04:09
50	Raßing, Noah	00:04:10
51	Fröhlich, Ferdinand	00:04:11
52	Lagemann, Luca	00:04:12
53	Termöllen, Lukas	00:04:12
54	Goseforth, Florian	00:04:13
55	Vogel, Max	00:04:14
56	Büker, Finn	00:04:15
57	Mersch, Diego	00:04:15
58	Wedi, Justus	00:04:15
59	Kattenbeck, Jens	00:04:16
60	Beike, Fabian	00:04:18
61	Wünnenberg, André	00:04:18
62	Vaske, Leo	00:04:19
63	Krühler, Daniel	00:04:21
64	Sandmann, Mathis	00:04:21
65	Venker, Moritz	00:04:23
66	Kellers, Robert	00:04:24
67	Parsch, Gerrit	00:04:31
68	Lange, Lucas	00:04:34
69	Felchner, Juri	00:04:36
70	Pott, Maximilian	00:04:37
71	Magnus, Jonas	00:04:38
72	Breulmann, Joshua	00:04:39
73	Dieckmann, Leo	00:04:40
74	Kattenbeck, Finn	00:04:40
75	Klöpper, Alexander	00:04:41
76	Stapper, Bastian	00:04:47
77	Wünnenberg, Tim	00:04:51
78	Ascheberg, Tom	00:04:52
79	Ascheberg, Ben	00:04:56
80	Bruns, Malte	00:04:56
81	Kleiner, Johannes	00:04:56
82	Autmaring, Luis	00:04:57
83	Thünemann, Patrick	00:04:58
84	Ansmann, Luka	00:05:01
85	Büker, Nils	00:05:02
86	Wewer, Luca	00:05:02
87	Mohr, Yannick	00:05:04
88	Schulte-Austum, Philipp	00:05:04
89	Wieland, Linus	00:05:04
90	Hinrichs, Simon	00:05:12
91	Spieker, Jannis	00:05:15
92	Parsch, Jannes	00:05:26
93	Kippel, Leon	00:05:32
94	Kock, Julian	00:05:33

1km Männer		
Nr.	Name	Zeit
95	Beuse, Lutz	00:05:36
96	Meiners, Vitus	00:05:36
97	Thünemann, Philipp	00:05:38
98	Ventker, Daniel	00:05:38
99	Ott, Jan-Lasse	00:05:47
100	Orzech, Jan	00:05:51
101	Beckwermert, Lukas	00:06:19
102	Alaze, Nils	00:06:31
103	Lagemann, Matti	00:06:54
104	Slizewski, Ben Oskar	00:08:02

2 km Männer

Nr.	Name	Zeit
1	Pinto, Fabio	00:06:09
2	Ansmann, Christian	00:06:44
3	Epping, Florian	00:06:47
4	Lemke, Sebastian	00:06:59
5	Pinto, Luis	00:06:59
6	Pinto, Rodrigo	00:07:02
7	Borgmann, Oliver	00:07:11
8	Sahlmann, Benedikt	00:07:21
9	Heukamp, Fynn	00:07:27
10	Büchter, Jakob	00:07:29
11	Heidotting, Felix	00:07:32
12	Pieper, Robin	00:07:40
13	Hilt, Simon	00:07:41
14	Pinto, Pierre-Miguel	00:07:41
15	Wittmann, Vincent	00:07:51
16	Ansmann, Florian	00:07:54
17	Baatz, Alexander	00:07:58
18	Lagemann, Luca	00:07:59
19	Laugemann, Manuel	00:07:59
20	Stude, Leon	00:08:01
21	Heeke, Thore	00:08:03
22	Kattenbeck, Nils	00:08:04
23	Kellers, Helmut	00:08:11
24	Lammers, Ralf	00:08:11
25	Eilers, David	00:08:13
26	Zollfrank, Jan	00:08:15
27	Felchner, Tom	00:08:16
28	Wedi, Nick	00:08:16
29	Langebröker, Jannes	00:08:17
30	Veerkamp, Nils	00:08:18
31	Schubert, Frederik	00:08:21
32	Wegmann, Lasse	00:08:22
33	Büker, Finn	00:08:25
34	Zollfrank, Max	00:08:29
35	Thünemann, Jan	00:08:30
36	Thünemann, David	00:08:32
37	Wegmann, Louis	00:08:32
38	Uferkamp, Micha	00:08:33
39	Termöllen, Lukas	00:08:34
40	Kippel, Leon	00:08:37
41	Ruhe, Dominik	00:08:38
42	Brockmann, Mika	00:08:39
43	Ahlert, Nico	00:08:41
44	Koordt, Alexander	00:08:42
45	Wedi, Justus	00:08:42
46	Remke, Johann	00:08:44
47	Hilt, Marius	00:08:49

2 km Männer

Nr.	Name	Zeit
48	Wünnenberg, André	00:08:54
49	Lange, Lucas	00:08:56
50	Fröhlich, Ferdinand	00:09:00
51	Holz, Alanis	00:09:00
52	Parsch, Arne	00:09:02
53	Hälker, Leon	00:09:03
54	Albers, Marius	00:09:07
55	Ulrich, Jonas	00:09:17
56	Kamp, Simon	00:09:22
57	Breulmann, Joshua	00:09:24
58	Klöpfer, Alexander	00:09:25
59	Magnus, Jonas	00:09:27
60	Laugemann, Julian	00:09:32
61	Kellers, Robert	00:09:35
62	Koers, Iven	00:09:58
63	Wieland, Linus	00:10:02
64	Hurcks, Malte	00:10:15
65	Sandmann, Mathis	00:10:16
66	Grimme, Florian	00:10:39
67	Beckwermert, Lennart	00:10:40
68	Schulte-Austum, Philipp	00:10:46
69	Dünow, Kai	00:10:48
70	Parsch, Gerrit	00:11:04
71	Wewer, Luca	00:11:06
72	Albers, Tim	00:14:32

5 km Männer

Nr.	Name	Zeit
1	Stephan, Bruno	00:15:58
2	Hilt, Simon	00:15:59
3	Thünemann, Günther	00:16:18
4	Thünemann, Christoph	00:16:30
5	Kamp, Guido	00:16:37
6	Rauß, Julian	00:16:40
7	Hilt, Rainer	00:16:50
8	Epping, Florian	00:16:55
9	Lemke, Sebastian	00:17:03
10	Ansmann, Christian	00:17:08
11	Borgmann, Oliver	00:17:10
12	Thröner, Benedikt	00:17:12
13	Jürgens, Markus	00:17:24
14	Thünemann, Helmut	00:17:25
15	Homann, Jürgen	00:17:33
16	Podewski, Max	00:17:37
17	Schönhut, Steffen	00:17:37
18	Kemper, Martin	00:17:38
19	Wünnenberg, Hans-Jürgen	00:17:38
20	Körholz, Manfred	00:17:44
21	Borgmann, Andreas	00:17:48
22	Pieper, Robin	00:17:57
23	Kestermann, Thilo	00:18:01
24	Possemeyer, Reinhard	00:18:02
25	Epping, Gerhard	00:18:03
26	Menzel, Udo	00:18:04
27	Dokters, Stefan	00:18:18
28	Pinto, Fabio	00:18:23
29	Gogrewé, Luc Phil	00:18:27
30	Grimme, Harald	00:18:27
31	Wilp, Edmund	00:18:30
32	Alaze, Matthias	00:18:32
33	Wiebeler, Sven	00:18:32
34	Kaul, Ansgar	00:18:33
35	Wille, Thomas	00:18:36
36	Kaminsky, Peter	00:18:37
37	Sahlmann, Benedikt	00:18:42
38	Kemper, Andre	00:18:47
39	Heidotting, Felix	00:18:51
40	Lagemann, Maik	00:18:54
41	Fröhlich, Max	00:18:55
42	Bünker, Gudio	00:18:58
43	Linnenbaum, Peter	00:18:58
44	Hemesath, Jürgen	00:19:07
45	Baatz, Alexander	00:19:14
46	Lüttkemöller, Daniel	00:19:16
47	Wedi, Nick	00:19:16

5 km Männer

Nr.	Name	Zeit
48	Heukamp, Fynn	00:19:17
49	Lohaus, Ludger	00:19:24
50	Wieland, Linus	00:19:25
51	Jaeschke, Johannes-Tizian	00:19:25
52	Schäche, Guido	00:19:26
53	Krusel, Albert	00:19:31
54	Löckemann, Markus	00:19:32
55	Hegemann, Uli +	00:19:35
56	Rotschen, Dennis	00:19:35
57	Günner, Manfred	00:19:36
58	Festring, Justus	00:19:38
59	Kleiner, Axel	00:19:41
60	Büchter, Jakob	00:19:42
61	Bröker, Hermann	00:19:48
62	Austrup, Henrik	00:19:50
63	Winter, Günter	00:19:51
64	Heckmann, Mathias	00:19:52
65	Teutemacher, Leo	00:19:54
66	Meinert, Julian	00:19:57
67	Remke, Marcel	00:19:59
68	Zollfrank, Jan	00:20:01
69	Linnenbaum, Thomas	00:20:08
70	Tillack, Hans	00:20:14
71	Bibby, Brian	00:20:21
72	Pinto, Rodrigo	00:20:22
73	Albers, Lothar +	00:20:23
74	Schmitz, Frank	00:20:24
75	Heuer, Jürgen	00:20:26
76	Koch, Felix	00:20:27
77	Breulmann, Ansgar	00:20:29
78	Deilen, Helmut	00:20:30
79	Felmet, André	00:20:33
80	Beuse, Markus	00:20:35
81	Pinto, Luis	00:20:41
82	Möllers, Benedikt	00:20:42
83	Telger, Maik	00:20:42
84	Moore, Lias	00:20:45
85	Ahlert, Nico	00:20:47
86	Heeke, Thore	00:20:48
87	Heidotting, Oliver	00:20:50
88	Leugers, Alfred	00:20:50
89	Kattenbeck, Nils	00:20:51
90	Kamp, Jonas	00:20:56
91	Behrens, Andreas	00:21:04
92	Scholz, Sascha	00:21:07
93	Kellers, Helmut	00:21:12
94	Kloppenborg, Reinhard	00:21:14

5 km Männer		
Nr.	Name	Zeit
95	Termöllen, Lukas	00:21:15
96	Schwering, Reinhard	00:21:19
97	Wegmann, Louis	00:21:19
98	Rose, Thomas	00:21:20
99	Klöpper, Alexander	00:21:25
100	Langebröker, Jannes	00:21:26
101	Zollfrank, Jochen	00:21:26
102	Bartsch, Matthias	00:21:28
103	Brockmann, Mika	00:21:30
104	Reeh, Maximilian	00:21:30
105	Venker, Paul	00:21:33
106	Taake, Tim	00:21:35
107	Hilt, Marius	00:21:36
108	Elting, Johannes	00:21:44
109	Koordt, Alexander	00:21:45
110	Adler, Peter	00:21:50
111	Baatz, Stephan	00:21:54
112	Schwarte, Christian	00:22:00
113	Fröhlich, Friedrich	00:22:05
114	Laugemann, Pascal	00:22:05
115	Ruhe, Herbert	00:22:07
116	Felmet, Klaus-Dieter	00:22:09
117	Ansmann, Florian	00:22:10
118	Pieper, Thomas	00:22:10
119	Albers, Werner	00:22:12
120	Knuck, Roger	00:22:12
121	Langebröker, Jörg	00:22:12
122	Kamp, Simon	00:22:19
123	Lagemann, Dietmar	00:22:22
124	Bartsch, Andreas	00:22:27
125	Veltrup, Markus	00:22:29
126	Wissing, Ansgar	00:22:29
127	Felchle, Roman	00:22:30
128	te Poel, Markus	00:22:49
129	Ruhe, Dominik	00:22:50
130	Hemesath, André	00:22:55
131	Büchter, Rolf	00:22:57
132	Bertels, Jan	00:22:58
133	Jürgens, Josef	00:23:02
134	Hurcks, Christian	00:23:06
135	Koordt, Achim	00:23:08
136	Felchner, Andre	00:23:09
137	Hemker, Reinhold Dr.	00:23:13
138	Pilarski, Emil	00:23:14
139	Laugemann, Manuel	00:23:17
140	Lammers, Ralf	00:23:30
141	Möllers, Siegfried	00:23:32

5 km Männer		
Nr.	Name	Zeit
142	Rotschen, Michael	00:23:32
143	Festring, Hannes	00:23:34
144	Schmedding, Thomas	00:23:40
145	Weßeler, Jannik	00:23:50
146	Breulmann, Joshua	00:24:03
147	Baberschke, Rolf	00:24:16
148	Hampel, Marcus	00:24:16
149	Wieland, Jonas	00:24:21
150	Herder, Markus	00:24:21
151	Iker, Christian	00:24:22
152	Magnus, Jonas	00:24:25
153	Felchner, Tom	00:24:28
154	Meiners, Marcus	00:24:30
155	Hildebrand, Joris	00:24:32
156	Wieberg, Dirk	00:24:32
157	Laugemann, Julian	00:24:34
158	Rickermann, Maik	00:24:35
159	Lanvers, Jürgen	00:24:39
160	Mußmann, Felix	00:24:41
161	Böyng, Sven	00:24:44
162	Serke, Jonas	00:24:44
163	Hanowell, Björn	00:24:48
164	Poggemann, Thomas	00:24:50
165	Bruns, Michael	00:24:54
166	Bültel, Wilhelm	00:25:08
167	Magnus, Dirk	00:25:11
168	Schlüter, Martin	00:25:11
169	Teutemacher, Tobias	00:25:16
170	Pieper, Dennis	00:25:17
171	Winter, Nils	00:25:20
172	Remke, Christian	00:25:23
173	Bühn, Ralf	00:25:30
174	Schniedergers-Kloppenborg, Rolf	00:25:31
175	Kamp, Dennis	00:25:37
176	Spandau, Johannes	00:25:37
177	Loof, Cord	00:25:38
178	Kippenbrock, Horst	00:25:39
179	Tiltmann, Michael	00:25:45
180	Kuczmik, Alfred	00:25:52
181	Meiners, Vitus	00:25:52
182	Termöllen, Jörg	00:25:56
183	Gronemann, Jens	00:26:00
184	Raßing, Noah	00:26:01
185	Brockmann, Holger	00:26:04
186	Oberheim, Bernd	00:26:12
187	Fröhlich, Ferdinand	00:26:14
188	Pinto, Ricardo	00:26:15

5 km Männer

Nr.	Name	Zeit
189	Hilbert, Christoph	00:26:20
190	Dünow, Kai	00:26:21
191	Elting, Steffen	00:26:45
192	Raßing, Bernard	00:26:54
193	Felchner, Juri	00:26:57
194	Bockholt, Timo	00:26:58
195	Uenning, Ole	00:26:58
196	Uenning, Jürgen	00:26:59
197	Ventker, Daniel	00:27:21
198	Bröker, Ben	00:27:26
199	Mußmann, Martin	00:27:31
200	Menebröcker, Bertram	00:27:32
201	Lanvers, Luiz	00:27:35
202	Franke, Lothar	00:27:43
203	Taake, Jens	00:28:06
204	Bläker, Matthias	00:28:09
205	Ottenjann, Werner	00:28:17
206	Serke, Oliver	00:28:18
207	Benker, Hans-Jürgen	00:28:21
208	Felschen, Markus	00:28:29
209	Schomaker, Ludwig	00:28:29
210	Bartels, Anton	00:28:30
211	Schulte-Austum, Jörg	00:28:37
212	Venker, Michael	00:28:40
213	Austrup, Jonas	00:29:04
214	Hurcks, Malte	00:29:14
215	Breuer, Oliver	00:29:20
216	Egbers, Timo	00:29:20
217	De Cocinis, Manuel	00:29:20
218	Parsch, Martin	00:29:39
219	Parsch, Arne	00:30:20
220	Hildebrand, Marian	00:30:23
221	Remke, Johann	00:30:42
222	Ohde, Georg	00:31:06
223	Bruns, Hans-Werner	00:31:14
224	Ortmeier, Günter	00:31:30
225	Wegmann, Ludwig	00:31:50
226	Wesseler, Stefan	00:31:59
227	Wewer, Luca	00:32:01
228	Sommer, Berthold	00:32:11
229	Thesing, Frank	00:32:41
230	Pölk, Oliver	00:33:05
231	Schürmann, Ralf	00:33:27
232	Pereira, Mario	00:33:28
233	Fleischer, Helmut	00:33:55
234	Biallaß, Tim	00:34:16
235	Kemper, Jochen	00:34:31

5 km Männer		
Nr.	Name	Zeit
236	Wiebeler, Bernhard	00:36:27
237	Winter, Frank	00:36:39
238	Bröker, Matthias	00:37:23
239	Mowlavi, Reza	00:39:11
240	Debski, Matthias	00:41:27
241	Kiewe, Mario	00:42:31

10 km Männer

Nr.	Name	Zeit
1	Stephan, Bruno	00:32:58
2	Thünemann, Günther	00:33:27
3	Thünemann, Christoph	00:33:55
4	Hilt, Rainer	00:34:18
5	Kamp, Guido	00:34:34
6	Hilt, Simon	00:34:42
7	Spitmann, Thomas	00:35:02
8	Menzel, Udo	00:35:10
9	Thróner, Benedikt	00:35:14
10	Thünemann, Helmut	00:35:14
11	Ortmeier, Finn	00:35:17
12	Homann, Jürgen	00:35:37
13	Kestermann, Herbert	00:35:58
14	Wünnenberg, Hans-Jürgen	00:36:01
15	Rauß, Julian	00:36:13
16	Lohaus, Ludger	00:36:15
17	Podewski, Max	00:36:16
18	Heuer, Patrick	00:36:17
19	Jürgens, Markus	00:36:20
20	Körholz, Manfred	00:36:34
21	Lange, Hans-Michael	00:36:43
22	Borgmann, Andreas	00:36:44
23	Kaul, Ansgar	00:37:01
24	Kemper, Martin	00:37:22
25	Neher, Fergus-John	00:37:25
26	Erber, Jürgen	00:37:42
27	Günner, Manfred	00:37:42
28	Wilp, Edmund	00:37:46
29	Ernst, Markus	00:37:49
30	Wille, Thomas	00:37:51
31	Ahaus, Peter	00:37:56
32	Epping, Florian	00:37:56
33	Dokters, Stefan	00:38:00
34	Epping, Gerhard	00:38:01
35	Gogrewé, Luc Phil	00:38:03
36	Hegemann, Uli +	00:38:06
37	Winter, Günter	00:38:09
38	Kaminsky, Peter	00:38:10
39	Bünker, Gudio	00:38:12
40	Ortmeier, Günter	00:38:15
41	Possemeyer, Reinhard	00:38:16
42	Grimme, Harald	00:38:17
43	Gogrewé, Luc Phil	00:38:20
44	Krusel, Albert	00:38:22
45	Mussing, Thomas	00:38:33
46	Borgmann, Oliver	00:38:37
47	Schäche, Guido	00:39:05

10 km Männer		
Nr.	Name	Zeit
48	Kemper, Andre	00:39:06
49	Bröker, Hermann	00:39:10
50	Rettig, Christoph	00:39:12
51	Bosse, Gerold	00:39:15
52	Ansmann, Christian	00:39:16
53	Austrup, Henrik	00:39:16
54	Westkamp, Georg	00:39:21
55	Lemke, Sebastian	00:39:22
56	Veerkamp, Dieter	00:39:25
57	Alaze, Matthias	00:39:30
58	Löckemann, Markus	00:39:31
59	Tillack, Hans	00:39:33
60	Ribbers, Matthias	00:39:34
61	Kestermann, Thilo	00:39:35
62	Harbering, Andreas	00:39:36
63	Lagemann, Maik	00:39:39
64	Mäss, Willi	00:39:49
65	Stallmeier, Bernhard +	00:39:57
66	Löbbel, Gottfried +	00:40:02
67	Albers, Werner	00:40:03
68	Lohrenz, Peter	00:40:05
69	Rotschen, Dennis	00:40:10
70	Stelzer, Christian	00:40:11
71	Albers, Lothar +	00:40:16
72	Pieper, Thomas	00:40:16
73	Dieckmann, Günter	00:40:19
74	Triebel, Klaus	00:40:21
75	Deilen, Helmut	00:40:24
76	Joppich, Wolfmar	00:40:37
77	Hemesath, Jürgen	00:40:40
78	Linnenbaum, Peter	00:40:40
79	Venker, Paul	00:40:45
80	Lepkes, Georg	00:40:49
81	Adler, Peter	00:40:51
82	Aupke, Franz-Josef	00:41:01
83	Schwarte, Christian	00:41:18
84	Kösters, Martin	00:41:27
85	Lüttkemöller, Daniel	00:41:28
86	Heckmann, Mathias	00:41:32
87	Kleiner, Axel	00:41:36
88	Meinert, Julian	00:41:39
89	Linnenbaum, Thomas	00:41:51
90	Becks, Daniel	00:42:01
91	Heisterkamp, Karl	00:42:01
92	Verlage, Alfred +	00:42:01
93	Peters, Friedhelm	00:42:09
94	Rinsche, Henning	00:42:14

10 km Männer

Nr.	Name	Zeit
95	Bisping, Klaus	00:42:15
96	Lanvers, Dietmar	00:42:15
97	Felchner, Andre	00:42:16
98	Heuer, Jürgen	00:42:21
99	Hilbert, Christoph	00:42:24
100	Schwering, Reinhard	00:42:30
101	Stockbrink, Klaus	00:42:33
102	Wissing, Ansgar	00:42:34
103	Brümmer, Vinzenz	00:42:38
104	Telger, Maik	00:42:40
105	Lodde, Michael	00:42:55
106	Hemesath, André	00:43:02
107	Ruhe, Herbert	00:43:04
108	Klawun, Jörg	00:43:06
109	Reckert, Franz-Josef	00:43:06
110	Hilt, Marius	00:43:16
111	Schwering, Martin	00:43:16
112	Breulmann, Ansgar	00:43:17
113	Felmet, André	00:43:17
114	Tümler, Rainer	00:43:22
115	Lagemann, Dietmar	00:43:33
116	Leugers, Alfred	00:43:35
117	Fröhlich, Max	00:43:37
118	Möddel, Klaus-Dieter	00:43:38
119	Beuse, Markus	00:43:41
120	Heidotting, Oliver	00:43:43
121	Scholz, Sascha	00:43:50
122	Beschoner, Hans-Hermann	00:44:01
123	Kleiner, Johannes	00:44:02
124	Lüke, Rudolf	00:44:02
125	Leineweber, Leo	00:44:03
126	Schmitz, Frank	00:44:14
127	Beermann, Klemens	00:44:22
128	Rengers, Werner	00:44:23
129	Austrup, Reinhard	00:44:29
130	Pieper, Dennis	00:44:33
131	Knuck, Roger	00:44:37
132	Meyerz.A., Christian	00:44:41
133	Wiening, Axel	00:44:41
134	Telger, Johannes	00:44:47
135	Hollermann, Thomas	00:44:48
136	Kathrein, Jens	00:44:49
137	Kloppenborg, Reinhard	00:44:51
138	Gausepohl, Markus	00:44:52
139	Müllmann, Rainer	00:44:54
140	Tiltmann, Lukas	00:44:57
141	Bartsch, Matthias	00:44:58

10 km Männer

Nr.	Name	Zeit
142	Egbers, Timo	00:44:59
143	Wieberg, Dirk	00:45:00
144	Krekeler, Eckhard	00:45:15
145	Rotschen, Michael	00:45:20
146	Neuhaus, Markus	00:45:22
147	Pinnow, Helmut	00:45:26
148	Berger, Gerd	00:45:28
149	Koordt, Achim	00:45:30
150	Baatz, Stephan	00:45:32
151	Pieper, Robin	00:45:41
152	Albers, Guido	00:45:44
153	Ruhmüller, Stefan	00:45:46
154	Faber, Horst	00:45:56
155	Heidotting, Felix	00:45:56
156	Schwarte, Gottfried	00:45:57
157	Kippenbrock, Horst	00:46:09
158	Hemker, Reinhold Dr.	00:46:14
159	Remke, Marcel	00:46:18
160	Boerger, Detlef	00:46:33
161	Ansmann, Stefan	00:46:34
162	Remmes, Ewald	00:46:36
163	Kamp, Joachim	00:46:38
164	Schräer, Christian	00:46:43
165	Hampel, Marcus	00:46:55
166	Venker, Jörg	00:46:56
167	Lange, Daniel	00:47:01
168	Becks, Stephan	00:47:04
169	Kamann, Michael	00:47:09
170	Lettang, Jochen	00:47:12
171	Göcke, Thomas	00:47:18
172	Pleimann, Hendrik	00:47:28
173	Jürgens, Josef	00:47:29
174	Abels, Ralf	00:47:30
175	Terhorst, Dirk	00:47:32
176	Lütke-Wenning, Clemens	00:47:36
177	Böyng, Sven	00:47:44
178	Hake, Günther	00:47:46
179	Bitter, Daniel	00:47:50
180	Felmet, Klaus-Dieter	00:47:52
181	te Poel, Markus	00:47:53
182	Ohde, Georg	00:47:55
183	Hurcks, Christian	00:48:02
184	Hollenberg, Christian	00:48:06
185	Bülhoff, Martin	00:48:08
186	Bockholt, Karl-Heinz	00:48:09
187	Walter, Christian	00:48:13
188	Veltrup, Markus	00:48:18

10 km Männer		
Nr.	Name	Zeit
189	Bitter, Thomas	00:48:20
190	Löckemann, Rainer	00:48:24
191	Klaphecke, Jörg	00:48:27
192	Iker, Christian	00:48:29
193	Langebröker, Jörg	00:48:32
194	Meiners, Marcus	00:48:42
195	Schmedding, Thomas	00:48:42
196	Bartsch, Andreas	00:48:45
197	Ender, Jochem	00:48:48
198	Plagge, Thomas	00:48:48
199	Brock, Hendrik	00:48:50
200	Winter, Frank	00:48:52
201	Büchter, Rolf	00:48:57
202	Koch, Thorsten	00:48:59
203	Schröder, Karl-Heinz	00:48:59
204	Möllers, Siegfried	00:49:03
205	Beckmann, Markus	00:49:12
206	Serke, Jonas	00:49:18
207	Münzberger, Thorsten	00:49:27
208	Kellers, Helmut	00:49:33
209	Baberschke, Rolf	00:49:38
210	Dooling, Christian	00:49:38
211	Raßing, Bernard	00:49:50
212	Wegmann, Ludwig	00:49:51
213	Schniedergergers-Kloppenborg, Rolf	00:49:52
214	Poggemann, Thomas	00:49:55
215	Dolscheid, Thomas	00:49:59
216	Michaelis, Jens	00:49:59
217	Pinto, Rodrigo	00:50:10
218	Klöpper, Alexander	00:50:11
219	Winter, Nils	00:50:18
220	Göcke, Norbert	00:50:24
221	Klöpper, Michael	00:50:25
222	Sander, Til	00:50:45
223	Laugemann, Manuel	00:51:15
224	Bültel, Wilhelm	00:51:22
225	Magnus, Dirk	00:51:23
226	Mohr, Uwe	00:51:30
227	Robert, Martin	00:51:35
228	Schlüter, Christoph	00:51:38
229	Krühler, Josef	00:51:42
230	Gräbel, Sascha	00:51:44
231	Grottke, Manfred	00:51:59
232	Krühler, Michael	00:52:05
233	Ahmann, Udo	00:52:08
234	Teutemacher, Tobias	00:52:28
235	Kroening, Ralf	00:52:29

10 km Männer

Nr.	Name	Zeit
236	Renfort, Klaus	00:52:36
237	Lanvers, Jürgen	00:52:44
238	Engels, Hans-Jürgen +	00:53:18
239	Tiltmann, Michael	00:53:24
240	Kremen, Alexander	00:53:39
241	Remke, Christian	00:53:39
242	Herting, Dirk	00:53:47
243	Kamp, Dennis	00:53:50
244	Wedy, Ludger	00:54:01
245	Spandau, Johannes	00:54:09
246	Thalmann, Björn	00:54:10
247	Weber, Jens	00:54:11
248	Poggemann, Stefan	00:54:14
249	Venker, Michael	00:54:14
250	Hanowell, Björn	00:54:16
251	Kolthof, Rainer	00:54:17
252	Den Ouden, Dirk	00:54:26
253	Parsch, Martin	00:54:46
254	Krühler, Udo	00:54:51
255	Preisung, Markus	00:54:51
256	Schmidt, Jürgen B.	00:54:54
257	Schölling, Walter	00:55:00
258	Eßmann, Leo	00:55:09
259	Ottenjann, Werner	00:55:24
260	Schomaker, Ludwig	00:55:44
261	Bläker, Matthias	00:56:20
262	Benker, Hans-Jürgen	00:56:44
263	Molitor, Franz-Josef	00:56:46
264	Elting, Johannes	00:57:01
265	Notzon, Mirek	00:57:05
266	Deitmar, Stefan	00:57:41
267	Brüggemann, Stefan	00:57:46
268	Ottenjann, Lars	00:57:47
269	Reeh, Maximilian	00:57:48
270	Spielmann, Matthias	00:57:50
271	Ascheberg, Thomas	00:57:56
272	Sommer, Berthold	00:57:57
273	Serke, Oliver	00:58:19
274	Pereira, Mario	00:58:23
275	Wolters, Reinhold	00:58:32
276	Schulte-Austum, Jörg	00:58:34
277	Menebröcker, Bertram	00:58:54
278	Loof, Cord	00:58:56
279	Kolthof, Rainer	00:59:13
280	Zobel, Ulrich	00:59:30
281	Teerling, Jan	00:59:49
282	Wirth, Karl	01:00:50

10 km Männer		
Nr.	Name	Zeit
283	Bergmann, Johannes	01:00:56
284	Debski, Mathias	01:01:01
285	Laugemann, Pascal	01:01:30
286	Heitmann, Thomas	01:02:01
287	Kamp, Heinrich	01:02:26
288	Hildebrand, Marian	01:02:42
289	Kloppenborg, Frank	01:03:24
290	Jochmann, Klaus	01:04:17
291	Mußmann, Martin	01:05:35
292	Möllers, Andreas	01:07:35
293	Fastermann, Stefan	01:08:47
294	Termöllen, Jörg	01:08:47
295	Felschen, Markus	01:08:58
296	Beckwermert, Felix	01:10:24
297	Benker, Mathias	01:11:11
298	De Cocinis, Manuel	01:11:28
299	Biallaß, Tim	01:14:00
300	Büchter, Klaus	01:14:01
301	Schürmann, Ralf	01:15:56
302	Schmittwilken, Ralf	01:21:03
303	Kiewe, Mario	01:21:24
304	Mowlavi, Reza	01:21:52

21,0995 km (Halbmarathon Männer)

Nr.	Name	Zeit
1	Gidumbanda, Daniel	01:09:21
2	Kamp, Guido	01:14:30
3	Thünemann, Günther	01:14:35
4	Hilt, Rainer	01:14:46
5	Thünemann, Christoph	01:18:22
6	Thünemann, Helmut	01:18:57
7	Kaminsky, Peter	01:19:06
8	Schönhut, Steffen	01:19:13
9	Heuer, Patrick	01:20:00
10	Homann, Jürgen	01:20:25
11	Jürgens, Markus	01:20:29
12	Rauß, Julian	01:20:31
13	Menzel, Udo	01:21:09
14	Stephan, Bruno	01:21:31
15	Körholz, Manfred	01:22:13
16	Wünnenberg, Hans-Jürgen	01:23:16
17	Ernst, Markus	01:23:35
18	Krusel, Albert	01:23:42
19	Lagemann, Maik	01:23:46
20	Epping, Gerhard	01:23:54
21	Ahaus, Peter	01:24:06
22	Kemper, Martin	01:24:14
23	Wille, Thomas	01:24:14
24	Grimme, Harald	01:24:29
25	Löckemann, Markus	01:24:44
26	Kaul, Ansgar	01:25:11
27	Wilp, Edmund	01:25:32
28	Winter, Günter	01:25:33
29	Lange, Hans-Michael	01:26:17
30	Stockbrink, Klaus	01:26:20
31	Mussing, Thomas	01:26:21
32	Hemesath, Jürgen	01:26:50
33	Austrup, Henrik	01:26:52
34	Neher, Fergus-John	01:27:12
35	Bröker, Hermann	01:27:20
36	Tillack, Hans	01:27:26
37	Wesseler, Christian	01:27:35
38	Erber, Jürgen	01:27:41
39	Thröner, Benedikt	01:27:56
40	Lüttkemöller, Daniel	01:28:20
41	Harbering, Andreas	01:28:44
42	Epping, Florian	01:29:01
43	Lohaus, Ludger	01:29:03
44	Bünker, Gudio	01:29:15
45	Hegemann, Uli +	01:29:18
46	Thalmann, Jens	01:29:32
47	Westkamp, Georg	01:29:39

21,0995 km (Halbmarathon Männer)

Nr.	Name	Zeit
48	Dieckmann, Günter	01:29:51
49	Albers, Lothar +	01:29:57
50	Mäss, Willi	01:30:10
51	Adler, Peter	01:30:46
52	Pieper, Dennis	01:31:17
53	Bosse, Gerold	01:31:34
54	Kleiner, Axel	01:32:28
55	Schäche, Guido	01:32:39
56	Venker, Paul	01:32:54
57	Löbbel, Gottfried +	01:33:16
58	Rotschen, Dennis	01:33:39
59	Meinert, Julian	01:33:44
60	Peters, Friedhelm	01:33:44
61	Hemesath, André	01:34:08
62	Kortmöller, Benedikt	01:34:17
63	Schwarte, Christian	01:34:35
64	Alaze, Matthias	01:34:48
65	Behrens, Andreas	01:34:49
66	Hilt, Simon	01:34:50
67	Leugers, Alfred	01:35:19
68	Ortmeier, Günter	01:36:14
69	Beuse, Markus	01:36:45
70	Albers, Werner	01:37:10
71	Ruhe, Herbert	01:37:15
72	Schwering, Martin	01:37:44
73	Müllmann, Rainer	01:37:54
74	Tümler, Rainer	01:38:19
75	Heckmann, Mathias	01:38:26
76	Heuer, Jürgen	01:38:27
77	Lanvers, Dietmar	01:38:31
78	Pieper, Thomas	01:38:50
79	Heidotting, Felix	01:38:51
80	Lepkes, Georg	01:38:54
81	Schräer, Christian	01:39:20
82	Deilen, Helmut	01:39:25
83	Lagemann, Dietmar	01:39:36
84	Schwering, Reinhard	01:39:36
85	Lemke, Sebastian	01:40:10
86	Nachtigall, Thomas	01:41:09
87	Scholz, Sascha	01:41:18
88	Faber, Horst	01:41:32
89	Schmitz, Frank	01:41:38
90	Albers, Guido	01:42:02
91	Bitter, Daniel	01:42:24
92	Heidotting, Oliver	01:42:27
93	Rotschen, Michael	01:42:41
94	Kamp, Joachim	01:42:54

21,0995 km (Halbmarathon Männer)

Nr.	Name	Zeit
95	Telger, Maik	01:43:19
96	Hollermann, Thomas	01:43:27
97	Felchner, Andre	01:43:37
98	Kamann, Michael	01:43:40
99	Bockholt, Karl-Heinz	01:43:44
100	Becks, Stephan	01:43:50
101	Rudolph, Eugen	01:44:00
102	Lanvers, Luiz	01:44:02
103	Schwering, Kevin	01:44:19
104	Terhorst, Dirk	01:44:26
105	Wieberg, Dirk	01:44:26
106	Brümmer, Vinzenz	01:44:42
107	Beermann, Klemens	01:44:48
108	Bartsch, Andreas	01:45:17
109	Hurcks, Christian	01:45:17
110	Kippenbrock, Horst	01:45:36
111	Fröhlich, Johannes	01:45:38
112	Verlage, Alfred +	01:45:45
113	Koordt, Achim	01:45:50
114	Venker, Jörg	01:46:08
115	Rose, Thomas	01:46:09
116	Berger, Gerd	01:46:54
117	Hemker, Reinhold Dr.	01:46:56
118	Bartsch, Matthias	01:47:12
119	Böyng, Sven	01:47:46
120	Ender, Jochem	01:47:48
121	Bitter, Thomas	01:47:51
122	Dolscheid, Thomas	01:48:17
123	Bülhoff, Martin	01:48:34
124	Michaelis, Jens	01:48:41
125	Ansmann, Stefan	01:48:43
126	Hilbert, Christoph	01:49:08
127	Poggemann, Thomas	01:49:09
128	Hampel, Marcus	01:49:33
129	Neuhaus, Markus	01:49:43
130	Kloppenborg, Reinhard	01:50:06
131	Baatz, Stephan	01:51:18
132	Jürgens, Josef	01:51:22
133	Bisping, Klaus	01:52:00
134	Kamp, Dennis	01:54:41
135	Göcke, Thomas	01:54:43
136	Wilp, Markus	01:54:44
137	Kolthof, Rainer	01:55:01
138	Brock, Hendrik	01:55:03
139	Ohde, Georg	01:55:14
140	Schlickmann, Andreas	01:55:21
141	Wiening, Axel	01:56:35

21,0995 km (Halbmarathon Männer)

Nr.	Name	Zeit
142	Meiners, Marcus	01:56:47
143	Schniedergerers-Kloppenborg, Rolf	01:57:02
144	Hanowell, Björn	01:57:54
145	Raßing, Bernard	01:58:17
146	Ottenjann, Werner	01:58:43
147	Dooling, Christian	01:58:52
148	Schmedding, Thomas	01:59:17
149	Klöpper, Michael	01:59:41
150	Abels, Ralf	01:59:56
151	Kestermann, Herbert	02:00:32
152	Wedy, Ludger	02:01:11
153	Engels, Hans-Jürgen +	02:01:46
154	Heisterkamp, Karl	02:01:48
155	Bültel, Wilhelm	02:01:51
156	Tiltmann, Michael	02:01:56
157	Schmidt, Siegfried	02:02:41
158	Krühler, Michael	02:03:07
159	Teutemacher, Tobias	02:03:13
160	Wiesner, Thomas	02:04:05
161	Koch, Thorsten	02:05:25
162	Lanvers, Jürgen	02:06:10
163	Loof, Cord	02:08:12
164	Münzberger, Thorsten	02:08:45
165	Langebröker, Jörg	02:09:10
166	Magnus, Dirk	02:10:21
167	Baberschke, Rolf	02:11:56
168	Rengers, Werner	02:14:28
169	Schölling, Walter	02:17:04
170	Teerling, Jan	02:17:47
171	Termöllen, Jörg	02:18:56
172	Sommer, Berthold	02:19:45
173	Poggemann, Stefan	02:22:29
174	Beckmann, Markus	02:22:54
175	Serke, Oliver	02:23:05
176	Wirth, Karl	02:25:56
177	Teeling, Jan	02:27:16
178	Debski, Mathias	02:30:48
179	Gräbel, Sascha	02:31:56
180	Feld, Martin	02:45:51

42,195 km (Marathon Männer)

Nr.	Name	Zeit
1	Hilt, Rainer	02:38:57
2	Thünemann, Günther	02:40:14
3	Podewski, Max	02:45:37
4	Kaminsky, Peter	02:46:13
5	Thünemann, Christoph	02:48:23
6	Menzel, Udo	02:51:54
7	Heuer, Patrick	02:54:43
8	Thünemann, Helmut	02:54:53
9	Schönhut, Steffen	02:54:55
10	Hollenberg, Christian	02:55:40
11	Jürgens, Markus	02:56:06
12	Körholz, Manfred	02:56:21
13	Homann, Jürgen	02:56:49
14	Wünnenberg, Hans-Jürgen	02:57:50
15	Krusel, Albert	02:58:35
16	Tillack, Hans	02:59:10
17	Lagemann, Maik	02:59:41
18	Stephan, Bruno	03:00:21
19	Wille, Thomas	03:00:44
20	Mussing, Thomas	03:04:03
21	Löckemann, Markus	03:04:55
22	Hemesath, André	03:06:25
23	Winter, Günter	03:07:04
24	Kaul, Ansgar	03:07:07
25	Wissing, Ansgar	03:08:36
26	Wilp, Edmund	03:08:38
27	Austrup, Henrik	03:10:16
28	Kestermann, Herbert	03:10:21
29	Epping, Gerhard	03:10:51
30	Grimme, Harald	03:11:30
31	Alaze, Matthias	03:11:47
32	Mäss, Willi	03:12:56
33	Ernst, Markus	03:13:15
34	Ahaus, Peter	03:14:19
35	Harbering, Andreas	03:14:34
36	Kemper, Martin	03:14:36
37	Wesseler, Christian	03:15:28
38	Breul, Dieter	03:15:54
39	Ortmeier, Günter	03:16:38
40	Kamp, Guido	03:17:01
41	Hemesath, Jürgen	03:17:10
42	Adler, Peter	03:17:32
43	Hegemann, Uli +	03:19:18
44	Bröker, Hermann	03:19:20
45	Stallmeier, Bernhard +	03:21:14
46	Pieper, Dennis	03:21:59
47	Rettig, Christoph	03:22:24

42,195 km (Marathon Männer)

Nr.	Name	Zeit
48	Brümmer, Vinzenz	03:23:01
49	Schwering, Kevin	03:24:26
50	Dieckmann, Günter	03:24:45
51	Behrens, Andreas	03:25:28
52	Heisterkamp, Karl	03:26:00
53	Lüttkemöller, Daniel	03:26:37
54	Joppich, Wolfmar	03:26:47
55	Albers, Werner	03:27:16
56	Kleiner, Axel	03:27:23
57	Löbbel, Gottfried +	03:27:28
58	Schäche, Guido	03:28:24
59	Lemke, Sebastian	03:28:26
60	Albers, Lothar +	03:28:39
61	Neher, Fergus-John	03:28:53
62	Veerkamp, Dieter	03:29:18
63	Westkamp, Georg	03:29:20
64	Schwarte, Christian	03:29:42
65	Venker, Paul	03:29:45
66	Leugers, Alfred	03:30:38
67	Bünker, Gudio	03:30:53
68	Deilen, Helmut	03:31:26
69	Peters, Friedhelm	03:33:49
70	Stockbrink, Klaus	03:34:14
71	Müllmann, Rainer	03:34:22
72	Felchner, Andre	03:34:29
73	Lanvers, Dietmar	03:35:26
74	Ribbers, Matthias	03:36:46
75	Meinert, Julian	03:36:54
76	Lohaus, Ludger	03:39:00
77	Ruhmöller, Stefan	03:39:20
78	Schwering, Reinhard	03:39:28
79	Heuer, Jürgen	03:40:12
80	Terhorst, Dirk	03:43:24
81	Verlage, Alfred +	03:43:30
82	Tümler, Rainer	03:43:31
83	Beuse, Markus	03:43:32
84	Telger, Maik	03:44:12
85	Rotschen, Dennis	03:44:40
86	Pieper, Thomas	03:45:52
87	Rotschen, Michael	03:47:07
88	Rinsche, Henning	03:47:21
89	Nachtigall, Thomas	03:48:40
90	Müllmann, Thomas	03:49:40
91	Dolscheid, Thomas	03:50:01
92	Wieberg, Dirk	03:50:22
93	Felmet, Klaus-Dieter	03:50:47
94	Bosse, Gerold	03:51:06

42,195 km (Marathon Männer)

Nr.	Name	Zeit
95	Schwering, Martin	03:51:16
96	Jürgens, Josef	03:52:33
97	Pleimann, Hendrik	03:52:41
98	Faber, Horst	03:52:49
99	Ascheberg, Johannes	03:53:37
100	Lagemann, Dietmar	03:53:49
101	Kamp, Joachim	03:53:52
102	Beermann, Klemens	03:54:17
103	Bockholt, Karl-Heinz	03:54:17
104	Koordt, Achim	03:54:50
105	Schmitz, Frank	03:55:42
106	Albers, Guido	03:55:43
107	Ender, Jochem	03:55:52
108	Ruhe, Herbert	03:56:22
109	Kamann, Michael	03:56:46
110	Fröhlich, Johannes	03:57:55
111	Möddel, Klaus-Dieter	03:58:15
112	Rengers, Werner	03:58:17
113	Bisping, Klaus	03:59:16
114	Becks, Stephan	04:01:01
115	Ahmann, Udo	04:01:45
116	Lodde, Michael	04:02:02
117	Göcke, Thomas	04:02:38
118	Scholz, Sascha	04:02:52
119	Ansmann, Stefan	04:03:14
120	Wallrafen, Hanno	04:04:21
121	Hemker, Reinhold Dr.	04:07:52
122	Gehring, Bernd	04:09:35
123	Winter, Frank	04:13:37
124	Hurcks, Christian	04:14:07
125	Münzberger, Thorsten	04:14:36
126	Wiening, Axel	04:16:27
127	Hollermann, Thomas	04:17:14
128	Böyning, Sven	04:18:39
129	Berger, Gerd	04:19:10
130	Bültel, Wilhelm	04:19:34
131	Schlickmann, Andreas	04:25:51
132	Koch, Thorsten	04:30:42
133	Jochmann, Klaus	04:35:22
134	Engels, Hans-Jürgen +	04:39:19
135	Fröhlich, Dr. Engelbert	04:40:55
136	Ohde, Georg	04:43:56
137	Magnus, Dirk	04:44:55
138	Ottenjann, Werner	04:45:07
139	Brinck, Franz-Josef	04:45:21
140	Tiltmann, Michael	04:45:34
141	Sommer, Berthold	04:48:25

42,195 km (Marathon Männer)

Nr.	Name	Zeit
142	Hanowell, Björn	04:50:23
143	Neuhaus, Markus	04:57:20
144	Krühler, Michael	04:59:56
145	Meiners, Marcus	05:05:00
146	Baatz, Stephan	05:12:58
147	Gräbel, Sascha	05:20:43